



MANHATTAN

2016 Citywide Guide to Services and Resources in Manhattan

After-School Programs
Domestic & Libraries
Gender-Based Violence
EDUCATION
Financial Assistance
Housing &
Mental Health
Homelessness
HEALTH
Pre-School & Childcare
Safety &
Veterans & Military Services
Senior Services
Security
Immigration
Multi-Service Centers
FOOD & HUNGER
Legal Services
Preventive Care
Transportation
& Screening Services
Small Business
& Entrepreneurship
EMPLOYMENT

ABOUT THIS GUIDE

Women's City Club of New York (WCC) is proud to provide the new 2016 Citywide Guide to Services and Resources in Manhattan. This Guide, the second of five, is designed to help individuals and organizations gain access to low- and no-cost social services, programs, and resources available in Manhattan. We encourage you to share this information and help others in need.

WCC is also pleased to announce that an online version of this Guide is available at wccny.org—enabling users to initiate custom searches by category, key words and borough. Additionally, later this year we will release new Citywide Guides to Services and Resources for each of the remaining three boroughs.

ABOUT WCC

Women's City Club of New York (WCC) is a nonprofit, non-partisan, multi-issue activist organization that is dedicated to improving the quality of life for all New Yorkers. WCC works to shape public policy to promote responsive government through education, issue analysis, advocacy and civic participation.

Special thanks to an Anonymous Foundation, The New York Women's Foundation, and the Sy Syms Foundation for their support of the Citywide Guide to Services and Resources.

To access the online version of the Citywide Resource Guide please visit:

wccny.org

Message from Women's City Club of New York

For one hundred years, Women's City Club of New York (WCC) has worked tirelessly to improve the lives of all New Yorkers through education, issue analysis, advocacy and civic participation. In 2012 we published the first Guide to Services and Resources in Manhattan, a comprehensive directory of service organizations across the borough. The Guide's 5,000 users overwhelmingly praised its level of detail, ease of use, and were able to more readily locate much needed services.

WCC began updating and expanding the Guide in 2014. The new version is both a searchable web-based tool and a printed publication, and now includes information on service provision in all five boroughs of New York City. In September 2015 we released our Brooklyn Guide and, following the release of the 2016 Manhattan Guide, we will publish guides for the remaining three boroughs within the next year. Together, the publications will provide much needed information to New Yorkers who face daily challenges to obtaining the quality of life they deserve.

Moving forward into our second century of advocacy and activism, WCC will partner with community groups to train service providers and users on how to effectively use the guides. Ultimately WCC will closely evaluate the impact of the Guides in order to improve social service provision throughout the city, in pursuit of our long-term vision for the best possible New York City.

We are proud to present the 2016 Citywide Guide to Services and Resources in Manhattan during our Centennial Year. With this publication we continue the work of WCC to improve the lives of all New Yorkers well into our next century.

Thank you,

Annette Choolfaian
President

Jacqueline M. Ebanks
Executive Director

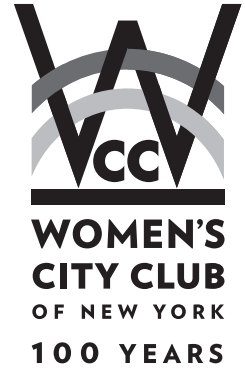
ACKNOWLEDGEMENTS

This publication was developed and produced by the Task Force on the Citywide Guide to Services and Resources of the Women's City Club of New York (WCC). Task Force members include: Mary Ann Arisman, Doris Cramer, James James, Betty Jones, Laura Ludwig, Phyllis Lusskin, Minna Ninova, Ann Sand and Roschel Holland Stearns.

The Task Force is grateful to Angela Conley, Joanita Gakami, Maia Leeds and Marokey Sawo who served as project interns; Raniah El-Gendi, our Research and Public Policy Fellow who supported this initiative; Joanna Munoz, our indefatigable Program Manager who coordinated all aspects of this project; Ruth Acker, Laura Ludwig, and Bickley Simpson who reviewed the sections; and all of the participants who voluntarily gave of their time and knowledge.

Finally, our sincere gratitude to Jacqueline M. Ebanks, Executive Director of Women's City Club of New York, for her unfailing leadership on this project.

If your organization has been omitted, please know that it was inadvertent. Contact WCC at resourceguide@wccny.org for possible inclusion when we update this Guide.



2016 Guide to Services and Resources in Manhattan

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La Guía urbana de los servicios y recursos de Manhattan 2016

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2016 年紐約市全市服務暨資源指南



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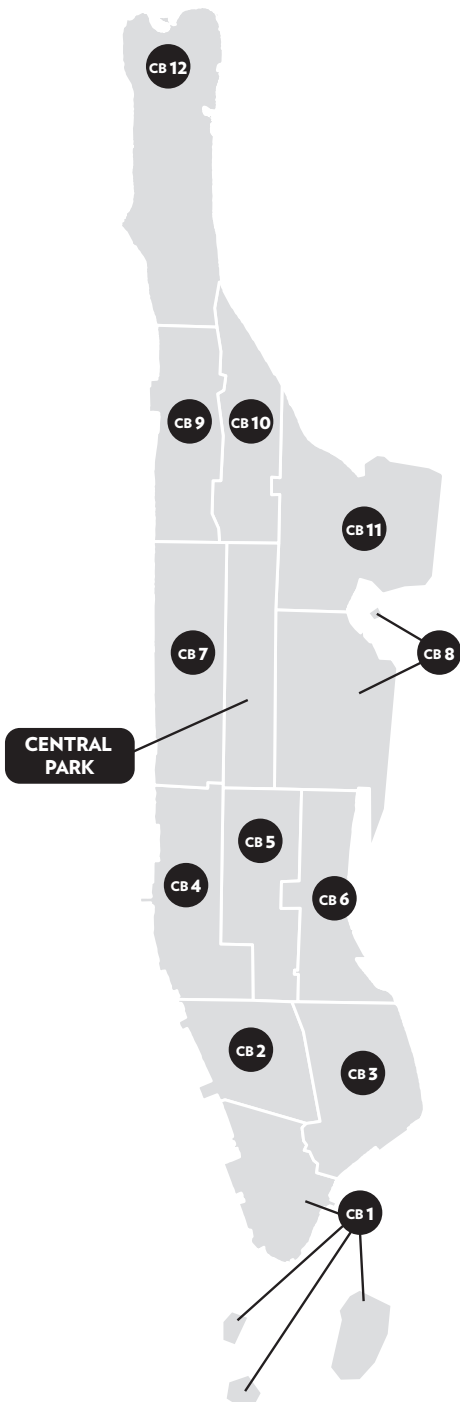
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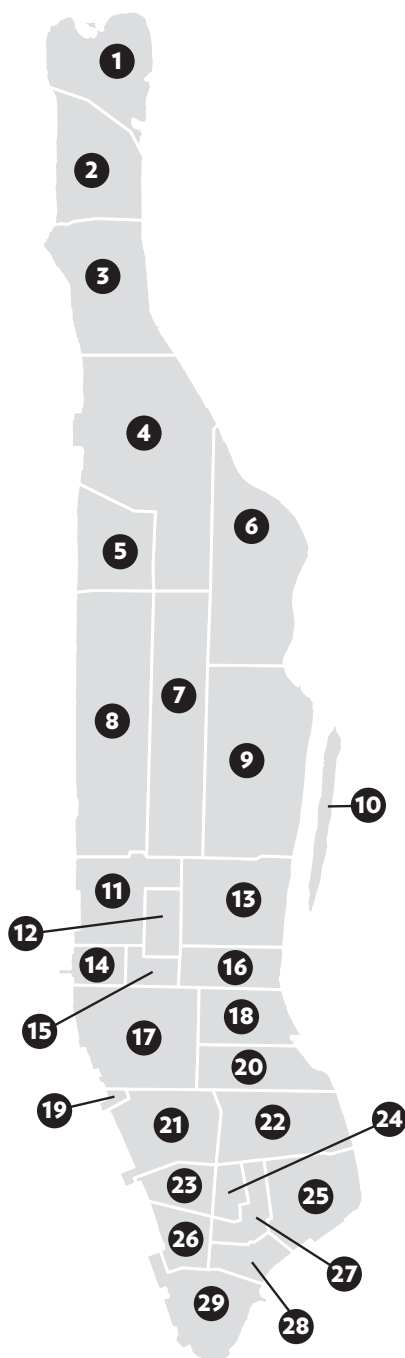
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MANHATTAN COMMUNITY BOARDS



- 1** Battery Park City
- 10** Central Harlem
- 4** Chelsea
- 2** Chinatown
- 3** Chinatown
- 4** Clinton
- 11** East Harlem
- 3** East Village
- 1** Financial District
- 6** Gramercy Park
- 2** Greenwich Village
- 9** Hamilton Heights
- 12** Inwood
- 6** Kips Bay
- 7** Lincoln Square
- 8** Lenox Hill
- 2** Little Italy
- 3** Lower East Side
- 2** Lower East Side
- 7** Manhattan Valley
- 9** Manhattanville
- 5** Midtown
- 9** Morningside Heights
- 6** Murray Hill
- 2** NoHo
- 6** Peter Cooper Village
- 8** Roosevelt Island
- 1** Seaport/Civic Center
- 2** SoHo
- 6** Stuyvesant Town
- 6** Sutton Place
- 3** Tompkins Square
- 1** Tribeca
- 6** Tudor City
- 6** Turtle Bay
- 3** Two Bridges
- 8** Upper East Side
- 7** Upper West Side
- 12** Washington Heights
- 9** West Harlem
- 2** West Village
- 8** Yorkville

MANHATTAN NEIGHBORHOODS



- 1** Inwood
- 2** Fort George
- 3** Washington Heights
- 4** Harlem
- 5** Morningside Heights
- 6** East Harlem
- 7** Central Park
- 8** Upper West Side
- 9** Upper East Side
- 10** Roosevelt Island
- 11** Clinton
- 12** Theater District
- 13** Midtown
- 14** Hell's Kitchen
- 15** Garment District
- 16** Murray Hill
- 17** Chelsea
- 18** Kips Bay
- 19** Meatpacking District
- 20** Gramercy Park
- 21** West Village
- 22** East Village
- 23** SoHo
- 24** Little Italy
- 25** Lower East Side
- 26** TriBeCa
- 27** Chinatown
- 28** Two Bridges
- 29** Financial District

INTRODUCTION

Women's City Club of New York is proud to introduce its new 2016 Citywide Guide to Services and Resources in Manhattan.

We have assembled this guide to help individuals and organizations gain access to low- and no-cost social services, programs, and resources available in Manhattan.

Whether you are searching for jobs or schools, childcare or health care, food or transportation, consult the Table of Contents to find the appropriate category.

This Guide is separated into sections, and each section includes a brief description of the subjects covered. Most entries include address, phone number and website, as well as the neighborhood and community board in which the agency is located. Unless otherwise noted, any person in Manhattan has access to the resources and services listed in this Guide.

We hope individuals will share this Guide, and organizations will make copies for their members and constituents.

Remember, if you are unable to reach a person for help, do not give up. In addition to the listings provided in this Guide, you can also utilize the following resources:

- **911:** Call this number in an emergency situation.
- **ACCESS NYC**
www.nyc.gov/accessnyc
A free service that will tell you whether or not you are eligible for more than 30 City, State, and Federal human service benefit programs. You may use this service anonymously.
- **311:** New York City's Web site and phone number for government information and non-emergency services.
Call 311 or go online: www.nyc.gov/311
- **Translation Sources: For further assistance with translation, call:**
 - Chinese**
Chinese American Planning Council at 212-941-0920
 - Spanish**
Little Sisters of the Assumption at 646-672-5200
Institute for Puerto Rican/Hispanic Elderly at 212-677-4181
- **Churches, synagogues, mosques, and other religious institutions in your neighborhood.**

INTRODUCCIÓN

El Club de Mujeres de Nueva York se enorgullece en presentar su nueva Guía urbana de los servicios y recursos de Manhattan 2016.

Hemos creado esta guía a fin de ayudar a las personas y organizaciones a acceder a los servicios, programas y recursos sociales de bajo costo o gratuitos que se encuentran disponibles en Manhattan.

Ya sea que esté buscando trabajo o educación, una guardería o atención médica, alimentos o transporte, consulte el Índice para encontrar la categoría apropiada.

Esta guía se divide en secciones, cada una de las cuales incluye una breve descripción de su contenido. La mayoría de las entradas incluyen la dirección, el número de teléfono y el sitio web de la agencia así como la junta vecinal y comunitaria en la que se encuentra. Salvo que se señale lo contrario, cualquier individuo de Manhattan puede acceder a los recursos y servicios aquí incluidos.

Esperamos que comparta esta guía con sus amigos y que las organizaciones dispongan de copias para sus miembros e integrantes.

Recuerde, si no logra comunicarse con una persona para solicitarle ayuda, no se rinda. Además de las entradas aquí incluidas, puede emplear los siguientes recursos adicionales:

- **911:** Llame a este número en una situación de emergencia.
- **ACCESS NYC**
www.nyc.gov/accessnyc
Un servicio gratuito para determinar su elegibilidad para más de 30 programas de beneficios municipales, estatales y federales. Puede emplear este servicio de forma anónima.
- **311:** El sitio web y número de teléfono de la Ciudad de Nueva York para información gubernamental y servicios que no son de emergencia.
Llame al 311 o visite: www.nyc.gov/311
- **Servicios de traducción: Para más ayuda con cuestiones de traducción, llame a:**
Chino
El Consejo de Planificación Chino-Estadounidense al 212-941-0920
Español
Las Hermanitas de la Asunción al 646-672-5200
El Instituto Puertorriqueño/Hispano para Personas Mayores al 212-677-4181
- **Iglesias, sinagogas, mezquitas y otras instituciones religiosas de su barrio.**

簡介

紐約婦女城市俱樂部很榮幸為您介紹2016年新曼哈頓區全市資源暨服務指南。

我們撰寫此指南目的在於協助個人及團體取得布魯克林區價格低廉或免費的社會服務、計畫、及資源等。

無論您是正在求職、找學校、幼保、健保、糧食或交通等，詳見目錄下的相關章節。

此指南以章節分類，每一章節都有針對該主題的概述。多數的項目皆列有地址、電話、網站、以及有代辦駐點的鄰里社區委員會等。除有另行通知，否則布魯克林區所有居民皆可享有此份指南所列之所有資源與服務。

我們希望每個人都能與朋友分享這份指南，且各單位也能影印分享給其會員及成員。

如果您找不到人協助您，別放棄，再試一次。除了這份指南所提供的資源外，您也可以試試下列資源：

- **911:** 緊急狀況請撥打此號碼。

- **ACCESS NYC**

www.nyc.gov/accessnyc

是一項免費服務，可協助您瞭解您是否符合超過 30 個市、州和聯邦福利計劃的資格。您可以以匿名方式使用這項服務。

- **311:** 是提供政府資訊及非緊急狀況服務的紐約市網站及電話。
撥打311或洽nyc.gov/311

- **翻譯資源：如需翻譯協助，請撥打：**

中文：

美籍華裔計畫委員會 212-941-0920

西班牙文：

小姐妹教會 646-672-5200

波多黎各/西裔長者協會 212-677-4181

- **社區內的教會、猶太教會、清真寺、及其他宗教協會**

INTRODUCTIONS

Le Club des Femmes de la Ville de New York est fier de présenter son nouveau Guide 2015 des Services et Ressources à Manhattan.

Nous avons compilé ce guide afin d'aider les individus et les organisations à accéder aux services sociaux, programmes et ressources gratuits ou à bas prix disponibles à Manhattan.

Que vous cherchiez un emploi ou une école, une crèche ou une institution de santé, de la nourriture ou un moyen de transport, veuillez consulter la Table des Matières afin de trouver la catégorie appropriée.

Ce guide est divisé en sections, et chaque section inclut une brève description des sujets abordés. La plupart des ressources incluent une adresse, un numéro de téléphone et un site internet, ainsi que le conseil communautaire ou le conseil du quartier dans lequel l'agence se situe. Sauf indication contraire, toute personne à Manhattan a accès aux ressources ainsi qu'aux services répertoriés dans ce guide.

Nous espérons que les particuliers partageront ce guide avec leurs amis et que les organisations en feront des photocopies pour leurs membres.

N'oubliez pas, si vous n'arrivez pas à contacter une personne pour demander de l'aide, n'abandonnez pas. En plus des adresses fournies dans ce Guide, vous pouvez également utiliser les ressources complémentaires suivantes :

- **911** : Appelez ce numéro en cas d'urgence.

- **ACCESS NYC** www.nyc.gov/accessnyc

Il s'agit d'un service gratuit qui vous indiquera si vous êtes qualifié à recevoir plus de 30 programmes sociaux de la ville, de l'état de New York ou de l'état fédéral. Vous pouvez utiliser ce service de manière anonyme.

- **311**: le site internet et le numéro de téléphone de la ville de New York pour les informations relatives au gouvernement et pour les services gouvernementaux (à l'exception des urgences).

Appelez le 311 ou consultez : nyc.gov/apps/311

- **Services de traduction: Si vous avez besoin d'une traduction, appelez:**

Pour le chinois: Le Conseil de l'Organisation Chinoise Américaine 212-941-0920

Pour l'espagnol:

Les Petites Sœurs de l'Assomption 646-672-5200

L'Institut pour les Personnes Agées Portoricaines/Hispaniques: 212-677-4181

- **Eglises, synagogues, mosquées et autres institutions religieuses dans votre quartier.**

I. AFTER-SCHOOL PROGRAMS

After-School Programs provide childcare for elementary and middle school youth at hours when students are not in school and parents are not at home. They offer academic, social, and recreational activities and are sometimes referred to as “extended day” programs or “out-of-school-time” (OST). The resources in this category are listed separately under headings for academic enrichment, arts, and sports.

PROGRAMAS EXTRACURRICULARES

Los programas extracurriculares brindan cuidado infantil para los niños de primaria y escuela media cuando no están en la escuela y cuando sus padres no se encuentran en casa. Ofrecen actividades académicas, sociales y recreativas. A veces se los nombra como programas “de día extendido” o “periodo fuera del horario escolar” (“out-of-school-time”, OST). Se registran por separado bajo los encabezados de enriquecimiento académico, arte y deporte.

課後班

課後班針對中小學青少年，於放學後家長不在家的這段時間內，給予照料。課後班提供學科、社交、及康樂等活動。這些課程多半稱為「延長日程」課或「課外時段(OST)」。這些課程皆在學科強化、藝術、及運動等大標下分項列舉。

PROGRAMMES PARASCOLAIRES

Les programmes parascolaires fournissent un service de garde d'enfants pour les élèves de classe primaire et du collège à des heures où ces derniers ne sont pas en classe et les parents ne sont pas à la maison. Ils offrent des activités académiques, sociales et récréatives et sont parfois appelés programmes de « journée allongée » ou d' « horaires hors école » (Out-of-School-Time en anglais, OST). Ils sont énumérés séparément sous des rubriques relatives à l'enrichissement académique, à l'art et au sport.

ACADEMIC ENRICHMENT

Boys and Girls Club of Harlem

Hamilton Heights; Community Board 9
425 West 144th Street, 5th Floor
New York, NY 10031
646-747-2869
www.bgcharlem.org

Breakthrough New York

Upper East Side; Community Board 8
540 East 76th Street
New York, NY 10038
646-747-2869
www.btny.org

Students must apply in the 6th grade. Program requires a six-year commitment and a strong academic record.

East Harlem Tutorial Programs

East Harlem; Community Board 11
2050 2nd Avenue
New York, NY 10029
212-831-3135
www.ehtp.org

Green Apple Kids

East Village; Community Board 3
600 East 6th Street
New York, NY 10009
347-497-0732
www.greenapplekidsny.com

Junior Achievement of New York

Midtown; Community Board 5
420 Lexington Avenue, Suite 204
New York, NY 10170
212-949-5269
www.jany.org

The GO Project

East Village; Community Board 3
50 Cooper Square, 3rd Floor
New York, NY 10003
212-533-3744
www.goprojectnyc.org

Services offered exclusively to academically-struggling and under-resourced elementary and middle public school students from the Lower East Side and Chinatown.

Two Bridges Neighborhood Council

Two Bridges; Community Board 3
275 Cherry Street
New York, NY 10002
212-566-2729
www.twobridges.org

Residents of the community can apply for financial aid for programs.

ARTS

ArtsConnection

Garment District; Community Board 5
520 8th Avenue, Suite 321
New York, NY 10018
212-302-7433
www.artsconnection.org

Creative Art Works

Garment District; Community Board 5
520 8th Avenue, Suite 201A
New York, NY 10018
646-424-0392
www.creativeartworks.org

Educational Video Center

West Village; Community Board 2
16 Clarkson Street, Room 401
New York, NY 10014
212-465-9366
www.evc.org

Free Arts NYC

Theater District; Community Board 5
1431 Broadway, 7th Floor
New York, NY 10018
212-974-9092
www.freeartsnyc.org

**IMPACT Repertory Theatre
Performance Company**

Harlem; Community Board 10
253 West 138th Street, Suite 100
New York, NY 10030
212-926-4516
www.impactreptheatre.org

Park Avenue Armory

Lenox Hill; Community Board 8
643 Park Avenue
New York, NY 10065
212-616-3930
www.armoryonpark.org

Publicolor

Midtown; Community Board 5
149 Madison Avenue, Suite 1201
New York, NY 10016
212-213-6121
www.publicolor.org

Studio in a School

Lincoln Square; Community Board 7
410 West 59th Street
New York, NY 10019
212-765-5900
www.studioinaschool.org

TADA!

Chelsea; Community Board 6
15 West 28th Street
New York, NY 10001
212-252-1619
www.tadatheater.com

Financial aid is available.

The Peter Westbrook Foundation

Chelsea; Community Board 4
229 West 28th Street
New York, NY 10116
212-459-4538
www.peterwestbrook.org

Urban Arts Partnership

SoHo; Community Board 2
21 Howard Street, 5th Floor
New York, NY 10013
212-966-5881
www.urbanarts.org

SPORTS

Figure Skating in Harlem

Manhattanville; Community Board 11
361 West 125th Street, 2nd Floor
New York, NY 10027
646-698-3440
www.figureskatinginharlem.org

Programs offered exclusively to girls.

Harlem RBI

East Harlem; Community Board 11
333 East 100th Street, Ground Floor
New York, NY 10029
212-722-1608
www.harlemrbi.org

II. DOMESTIC & GENDER-BASED VIOLENCE

DOMESTIC & GENDER-BASED VIOLENCE

Domestic and Gender-Based Violence is violent or aggressive behavior within the home, typically involving the abuse of a spouse or partner. Further, this violence may be directed towards an individual specifically because of his/her gender. Resources in this category are listed under anti-trafficking, child abuse and incest, counseling and support groups, legal services, rape and sexual assault, stalking, victim protection, and youth support.

VIOLENCIA DOMÉSTICA Y DE GÉNERO

La violencia doméstica y de género es el comportamiento violento o agresivo en el hogar que, generalmente, implica maltrato de un cónyuge o pareja. Dicha violencia puede orientarse hacia la persona debido a su género. Estos recursos están registrados como: contra la trata de personas, abuso infantil e incesto, grupos de apoyo y de terapia, servicios legales, violaciones y ataque sexual, acecho, protección de víctimas y apoyo para jóvenes.

家庭及性別暴力

家庭及性別暴力是指發生在家庭單位內的暴力或激進行為，多半涉及虐待配偶或伴侶。此種暴力更可能針對受虐方的性別所產生。列舉資源有：反人口販運、虐待幼童及亂倫、團體諮詢及互助小組、法律服務、強暴及性侵、跟蹤騷擾、受虐者保護、及青少年協助。

VIOLENCE DOMESTIQUE & BASEE SUR LE GENRE

La **violence domestique** est un comportement violent ou agressif survenant à la maison et impliquant typiquement l'abus d'un époux ou d'un partenaire. Cette violence peut être dirigée envers un individu à cause de son genre. Les ressources répertoriées incluent : la lutte contre la traite des êtres humains, maltraitance des enfants et inceste, groupes de soutien et de conseil, services juridiques, viol et agression sexuelle, harcèlement, protection de la victime et soutien des jeunes.

ANTI-TRAFFICKING

Human Rights First

Financial District; Community Board 1
75 Broad Street, 31st Floor
New York, NY 10004
212-845-5200
www.humanrightsfirst.org

Sanctuary for Families

PO Box 1406, Wall Street Station
New York, NY 10268
212-349-6009
www.sanctuaryforfamilies.org

Youth programs offered exclusively to children who have been victims of, or who have parents who have been victims of, domestic or intimate partner violence. 34 languages spoken.

CHILD ABUSE & INCEST

New York Center for Children

Lenox Hill; Community Board 8
333 East 70th Street
New York, NY 10021
212-517-3012
www.newyorkcenterforchildren.org

New York State Child Abuse Hotline

800-342-3720
www.ocfs.state.ny.us

Call to report suspected child abuse or maltreatment.

COUNSELING & SUPPORT GROUPS

Day One

PO Box 150, Canal Street Station
New York, NY 10013
800-214-4150
www.dayoneny.org

New York Asian Women's Center Domestic Violence Hotline

888-888-7702
www.nyawc.org

Call hotline for immediate assistance; Languages spoken include multiple Chinese dialects, Korean, Japanese, Hindi, Vietnamese, Cambodian, Urdu, Punjabi, Gujarati and Bengali.

NYC Domestic Violence Hotline

800-621-4673
www.nyc.gov

Over 150 languages spoken.

Sakhi for South Asian Women

212-868-6741
www.sakhi.org

Youth programs offered exclusively to children who have been victims of, or who have parents who have been victims of, domestic or intimate partner violence.

St. Luke's Roosevelt Hospital Crime Victims Treatment Center Midtown

Clinton; Community Board 4
432 West 58th Street, Ground Floor
New York, NY 10019
212-523-8200
www.cvtcnyc.org

St. Luke's Roosevelt Hospital Crime Victims Treatment Center Uptown

Morningside Heights; Community Board 9
411 West 114th Street, Suite 2C
New York, NY 10025
212-523-4728
www.cvtcnyc.org

LEGAL SERVICES

New York University School of Law: Domestic Violence Advocacy Project

Greenwich Village; Community Board 2
100 Washington Square East
New York, NY 10003
212-998-6573
www.law.nyu.edu

Urban Resource Institute

Financial District; Community Board 1
75 Broad Street, Suite 505
New York, NY 10004
646-588-0030
www.urinyc.org

RAPE & SEXUAL ASSAULT

Harlem Hospital Center

Harlem; Community Board 10
506 Lenox Avenue
New York, NY 10037
212-939-4613
www.nyc.gov

NYC Anti-Violence Project

Garment District; Community Board 5
240 West 35th Street, Suite 200
New York, NY 10001
212-714-1141
www.avp.org

*Serves LGBT and HIV-affected communities;
Spanish spoken.*

New York Police Department (NYPD) Special Victims Liaison Unit

212-267-7273

NYC Alliance Against Sexual Assault

Financial District; Community Board 1
32 Broadway, Suite 1101
New York, NY 10004
212-229-0345
www.svfreeinc.org

New York State Domestic Violence and Sexual Assault Hotline

800-942-6909
www.opdv.ny.gov
Spanish spoken.

STALKING

Safe Horizon

Civic Center; Community Board 1
2 Lafayette Street, 3rd Floor
New York, NY 10007
866-604-5350
www.safehorizon.org

VICTIM PROTECTION

Center Against Domestic Violence Hotline

718-439-1000
www.cadvny.org

Call hotline for immediate assistance.

Good Shepherd Services Safe Homes Project

718-499-2151
www.goodshepherds.org

*Offers counseling, safety-planning and
advocacy for survivors of domestic violence,
and runs a 20-bed shelter.*

Henry Street Settlement Domestic Survivors Shelter

917-521-3917
www.henrystreet.org

YOUTH SUPPORT

Jewish Board of Family & Children's Services

Theater District; Community Board 5
135 West 50th Street
New York, NY 10020
212-582-9100
www.jbfc.org

III. EDUCATION FOR ADULTS

Education for Adults refers to programs that offer instruction in literacy, language, career-readiness, and other trainings that will help adults live more successfully in their communities. Resources in this category are listed under computer literacy, non-English language classes, Test Assessing Secondary Completion (TASC) preparation, and transition to college.

EDUCACIÓN PARA ADULTOS

La educación para adultos se refiere a programas que ofrecen instrucción en alfabetización, idiomas, preparación para carreras, y otras formas de entrenamiento que ayudarán a adultos a vivir con más éxito en sus comunidades. Los recursos en esta categoría se registran como: transición a la universidad, alfabetización informática, preparación para el TASC (Prueba de Evaluación de haber completado la Secundaria) y transición a la universidad.

成人教育

成人教育為提供識能、語言、就職預備及其他訓練等課程，協助成人能夠在各自的社單位裡擁有更好的成就。此項目下所列舉的資源有：電腦操作、高中測試評估、及大學轉銜輔導。

EDUCATION POUR ADULTES

L'éducation pour adultes fait référence aux programmes qui offrent des cours de littérature, de langues, de planification de carrière ainsi que d'autres formations qui aideront les adultes à vivre dans leurs communautés avec succès. Les ressources de cette catégorie sont classées sous connaissances informatiques, préparation au Test Assessing Secondary Completion (TASC) et transition vers l'université.

COMPUTER LITERACY

Community League of the Heights

Washington Heights; Community Board 12
500 West 159th Street
New York, NY 10032
212-795-4779
www.cloth159.org

Spanish spoken.

Harlem Commonwealth Council

Harlem; Community Board 10
361 West 125th Street
New York, NY 10027
212-749-0900
www.harlemcommonwealth.org

Parent Job Net

Upper West Side; Community Board 7
32 West 92nd Street, Room 136
New York, NY 10025
212-362-2735
www.parentjobnet.org

Services offered exclusively to parents.

Seward Park Public Library Center for Reading and Writing

Lower East Side; Community Board 3
192 East Broadway
New York, NY 10002
212-529-2909
www.nypl.org

NON-ENGLISH LANGUAGE CLASSES

Cabrini Immigrant Service

Chinatown; Community Board 3
139 Henry Street
New York, NY 10002
212-791-4590
www.cis-nyc.org

Spanish classes for people who grew up speaking Spanish but never learned how to read or write it; College-readiness classes for children of immigrants.

TEST ASSESSING SECONDARY COMPLETION (TASC) PREPARATION FORMERLY “GED”

TASC Preparation and Testing Assistance Region 4: Alternative Education Complex

Gramercy Park; Community Board 6
500 8th Avenue
New York, NY 10018
212-868-1650
schools.nyc.gov

TASC Preparation and Testing Assistance Region 5: Mid-Manhattan Adult Learning Center

Midtown; Community Board 5
212 West 120th Street
New York, NY 10027
212-666-1919

TASC Preparation and Testing Assistance: Harlem Center for Education

Harlem; Community Board 9
1 East 104th Street
New York, NY 10029
212-348-9200
www.harlemctred.com

TASC Preparation and Testing Assistance: Northern Manhattan Improvement Corporation

Washington Heights; Community Board 12
76 Wadsworth Avenue
New York, NY 10033
212-822-8300
www.nmic.org

City University New York (CUNY)

Hamilton Heights; Community Board 9
160 Convent Avenue
New York, NY 10031
212-650-7312
www.cuny.edu

Community Impact at Columbia University

Morningside Heights; Community Board 9
2980 Broadway
New York, NY 10027
212-854-1492
www.communityimpact.columbia.edu

Literacy Assistance Center

Financial District; Community Board 1
39 Broadway, Suite 1250
New York, NY 10006
212-803-3300
www.lacnyc.org

Manhattan Educational Opportunity Center

Harlem; Community Board 9
163 West 125th Street
New York, NY 10027
212-961-4400
www.man.eoc.suny.edu
Academic and vocational training programs offered.

NYC Office of Adult and Continuing Education

Harlem; Community Board 10
212 West 120th Street
New York, NY 10027
212-666-1919
schools.nyc.gov

Services for adults 21 and older.

Pathways to Graduation Complex

Midtown; Community Board 5
500 8th Avenue
New York, NY 10018
212-868-1650
www.pathtograd.org

TRANSITION TO COLLEGE

College and Community Fellowship

Morningside Heights; Community Board 9
475 Riverside Drive, Suite 1626
New York, NY 10115
646-380-7777

www.collegeandcommunity.org

All services offered exclusively to women who have criminal convictions (including those currently and formerly incarcerated) and their families.

New York University School of Continuing Professional Studies

East Village; Community Board 3
145 4th Avenue, Room 201
New York, NY 10003
212-998-7200
www.scps.nyu.edu

IV. EDUCATION FOR YOUTH

Education for Youth refers to programs and services which ensure that all young people have access to quality education. The government agencies and nonprofits included in this category serve all youth, regardless of background or disability, and seek to promote intellectual inquiry. The Education for Youth resources are listed under college preparation, enrollment, and tutoring.

EDUCACIÓN PARA JÓVENES

La educación para jóvenes incluye programas y servicios que garantizan que todos los jóvenes accedan a una educación de calidad. Las agencias gubernamentales y sin fines de lucro atienden a todos, más allá de sus antecedentes o discapacidades, a la vez que buscan promover la indagación intelectual. Los recursos de educación para jóvenes se registran como: inscripción, preparación y tutorías para la universidad.

青少年教育

青少年教育是指確保所有青少年皆能享有優質教育的課程及服務。此項目下的政府相關單位及非營利組織在服務所有青少年，無論其背景及缺陷，力圖倡導知識探索。青少年教育資源列舉如下：大學預備、註冊、及家庭課業輔導。

EDUCATION POUR LES JEUNES

La catégorie de **l'éducation pour les jeunes** présente des programmes et des services qui font en sorte que tous les jeunes aient accès à une éducation de qualité. Les agences gouvernementales et les organisations à but non lucratif servent tous les jeunes, peu importe leur milieu ou leur handicap, et cherchent à promouvoir la recherche intellectuelle. Les ressources en matière d'éducation pour les jeunes sont répertoriées sous : préparation à l'université, inscription et cours particuliers.

COLLEGE PREPARATION

College Search

www.uscollegesearch.org

Federal Student Aid

800-433-3243

www.fafsa.ed.gov

Let's Get Ready

Financial District; Community Board 1

50 Broadway, 25th Floor

New York, NY 10004

646-808-2760

www.letsgetready.org

PSAT/SAT College Board

866-630-9305

www.collegeboard.org

ENROLLMENT

Charter Schools

Financial District; Community Board 1

52 Chambers Street, Suite 213

New York, NY 10007

212-374-5419

schools.nyc.gov

Elementary School Enrollment

Financial District; Community Board 1

52 Chambers Street

New York, NY 10007

718-935-2009

schools.nyc.gov

Students must live in the school zone in which they intend to enroll; French, Spanish, Polish, Korean, and Chinese spoken.

English Language Learners (ELL) Program

Financial District; Community Board 1

52 Chambers Street, Room 209

New York, NY 10007

212-374-6072

schools.nyc.gov

Gifted & Talented Program

Financial District; Community Board 1

52 Chambers Street

New York, NY 10007

718-935-2009

schools.nyc.gov

Harlem Children's Zone

East Harlem; Community Board 11

35 East 125th Street

New York, NY 10036

212-360-3255

www.hcz.org

High school students.

High School Alternative Referral Centers, District 79

Midtown; Community Board 5

269 West 35th Street, 11th Floor

New York, NY 10001

212-244-1274

schools.nyc.gov

Helps students under 21 years old who have experienced an interruption to their studies.

High School Enrollment

Financial District; Community Board 1

52 Chambers Street

New York, NY 10007

718-935-2399

schools.nyc.gov

French, Spanish, Polish, Korean, and Chinese spoken.

Kindergarten Enrollment

Financial District; Community Board 1

52 Chambers Street

New York, NY 10007

718-935-2009

schools.nyc.gov

Students must live in the school zone in which they intend to enroll; French, Spanish, Polish, Korean, and Chinese spoken.

Living for the Young Family through Education (LYFE)

Midtown; Community Board 5
500 Eighth Avenue, Suite 1004
New York, NY 10018
212-609-8520

www.lyfenyc.org

Participants must be NYC Department of Education students with a child between the ages of 8 weeks and 3 years. Bring the following documents: your child's birth certificate, your birth certificate, a current child and adolescent Medical Examination Form for your child, a current record of your child's immunizations, your Student ID number (you can find it on your school-issued ID card); English, Creole, Spanish and French spoken.

Middle School Enrollment (grades 6-8)

Financial District; Community Board 1
52 Chambers Street
New York, NY 10007
718-935-2398

schools.nyc.gov

Students must live in the school zone in which they intend to enroll; French, Spanish, Polish, Korean, and Chinese spoken.

New Student Enrollment

Financial District; Community Board 1
52 Chambers Street
New York, NY 10007
Call 311

schools.nyc.gov

Students must live in the school zone in which they intend to enroll; French, Spanish, Polish, Korean, and Chinese spoken.

NYC Department of Education (DOE)

Financial District; Community Board 1
52 Chambers Street
New York, NY 10007
718-935-2000

schools.nyc.gov

NYC Department of Education (DOE) Special Education

Kips Bay; Community Board 6
400 1st Avenue
New York, NY 10010
Call 311

schools.nyc.gov

NYC School Search

schools.nyc.gov

TUTORING

Charles B. Rangel Technology Learning Center

Washington Heights; Community Board 12
216 Fort Washington Avenue
New York, NY 10032
212-923-1803

www.armorytrack.com

Children's Reading Center at 42nd Street

Midtown; Community Board 5
Fifth Avenue at 42nd Street
New York, NY 10018
212-621-0208

www.nypl.org

**Children's Arts & Science Workshops, Inc.
(CASW)**

Fort George; Community Board 12
4271 Broadway, 2nd Floor
New York, NY 10033
212-923-7766

www.caswkids.org

HomeworkNYC

212-777-3380

www.homeworknyc.org

Free homework help.

The Reading Team

Harlem; Community Board 10
2090 Adam Clayton Powell Jr. Boulevard,
Suite 100
New York, NY 10027
212-280-2042

www.readingteam.org

Top Honors Free Math Tutoring

Upper West Side; Community Board 7
Joan of Arc Middle School,
154 West 93rd Street
New York, NY 10025
212-662-0573

www.tophonors.org

V. EMPLOYMENT

Organizations in the **Employment** category offer assistance in finding and keeping a job. Many of these programs provide preparation for entering the business world and training in specific trades. The Employment resources are listed under independent job search centers, New York City career centers, and training and support programs.

EMPLEO

Las organizaciones incluidas en la categoría de **empleo** ayudan a encontrar y mantener un empleo. Muchos de estos programas preparan para el ingreso al mundo laboral y ofrecen formación para profesiones específicas. Los recursos de empleo se registran como: centros de búsqueda de empleo independientes, centros de carreras patrocinados por el gobierno de la ciudad, y programas de entrenamiento y apoyo.

就業

就業項目下的機構在給予謀職及保有既定工作上等協助。此類的多數計畫在提供進入職場前的準備工作，以及特定職業的訓練。就業資源列舉於獨立求職中心、市政府資助的職業中心、以及職訓及協助計畫等之下。

EMPLOI

Les organisations inventoriées dans la catégorie **emploi** aident à rechercher ainsi qu'à conserver un emploi. Nombre de ces programmes préparent à entrer dans le monde des affaires et offrent des formations dans des branches spécifiques. Les ressources en matière d'emploi sont listées sous : centres de recherche d'emploi indépendants, centres des métiers (career centers) financés par le conseil municipal, et formations et programmes de soutien.

JOB SEARCH CENTERS

Job Path

Midtown; Community Board 5
22 West 38th Street
New York, NY 10018
212-944-0564

www.jobpathnyc.org

Services offered to individuals with special needs.

Science, Industry & Business Library (NYPL)—Job Search Central

Kips Bay; Community Board 6
188 Madison Avenue
New York, NY 10016
917-275-6975

www.nypl.org

The Women's Center for Education and Career Advancement

Financial District; Community Board 1
11 Broadway, Suite 450
New York, NY 10004
212-964-8934

www.wceca.org

Services offered exclusively to women.

NYC Career Centers Department of Social Services Human Resources Administration Job Centers: CRPU

Chelsea; Community Board 4
109 East 16th Street
New York, NY 10003
212-835-8261

www.nyc.gov

Department of Social Services Human Resources Administration Job Centers: Dyckman #35

Meat Packing District; Community Board 2
4055 10th Avenue
New York, NY 10034
212-569-9543

www.nyc.gov

Households must meet eligibility requirements and provide proof of household circumstances. For most households, eligibility to receive benefits is based on household size, income and some household expenses.

Department of Social Services Human Resources Administration Job Centers: East End #23

East Harlem; Community Board 11
2322 3rd Avenue
New York, NY 10035
212-860-2749

www.nyc.gov

Households must meet eligibility requirements and provide proof of household circumstances. For most households, eligibility to receive benefits is based on household size, income and some household expenses.

Department of Social Services Human Resources Administration Job Centers: Family Services Call Center Manhattan Satellite

Harlem; Community Board 9
132 West 125th Street
New York, NY 10027
212-666-7566

www.nyc.gov

Households must meet eligibility requirements and provide proof of household circumstances. For most households, eligibility to receive benefits is based on household size, income and some household expenses.

Department of Social Services Human Resources Administration Job Centers: Residential Treatment Service Center #52

Chelsea; Community Board 4
109 East 16th Street
New York, NY 10003
212-835-7937
www.nyc.gov

Households must meet eligibility requirements and provide proof of household circumstances. For most households, eligibility to receive benefits is based on household size, income and some household expenses.

Department of Social Services Human Resources Administration Job Centers: St. Nicholas Job Center #18

Harlem; Community Board 9
132 West 125th Street
New York, NY 10027
212-666-5678
www.nyc.gov

Households must meet eligibility requirements and provide proof of household circumstances. For most households, eligibility to receive benefits is based on household size, income and some household expenses.

Department of Social Services Human Resources Administration Job Centers: Waverly #13

Chelsea; Community Board 4
12 West 14th Street
New York, NY 10011
212-620-9890
www.nyc.gov

Households must meet eligibility requirements and provide proof of household circumstances. For most households, eligibility to receive benefits is based on household size, income and some household expenses.

Midtown Workforce1 Career Center

Midtown; Community Board 5
1250 Broadway
New York, NY 10001
646-358-4747
www.nyc.gov

Provides job search assistance, resume writing, interview preparation and coaching.

Upper Manhattan Workforce1 Career Center

Morningside Heights; Community Board 9
215 West 125th Street
New York, NY 10027
917-493-7054
www.nyc.gov

Provides job search assistance, resume writing, interview preparation and coaching.

TRAINING & SUPPORT PROGRAMS

Bottomless Closet

Midtown; Community Board 5
15 Penn Plaza, Level B, Suite 40
New York, NY 10001
212-563-2499
www.bottomlessclosetnyc.org

Provides clothing for women to wear for job interviews.

Center for Employment Opportunities

Financial District; Community Board 1
50 Broadway, Suite 1604
New York, NY 10004
212-612-5100
www.ceoworks.org

Services for ex-offenders, parolees and ex-convicts.

Center for Urban Community Service

East Harlem; Community Board 11
198 East 121st Street
New York, NY 10035
212-801-3300
www.cucs.org

Contemporary Guidance Services (CGS)

Financial District; Community Board 1
52 Broadway, 4th Floor
New York, NY 10004
212-577-5512

www.cgsnyc.org

Services offered to individuals with special needs.

Chinese-American Planning Council

Lower East Side; Community Board 3
165 Eldridge Street
New York, NY 10002
212-941-0030

www.cpc-nyc.org

Consortium for Worker Education

Chelsea; Community Board 4
275 7th Avenue
New York, NY 10001
212-647-1900

www.cwe.org

Dress for Success

Murray Hill; Community Board 6
32 East 31st Street, 7th Floor
New York, NY 10016
212-532-1922

www.dressforsuccess.org

EPRA

Garment District; Community Board 4
261 West 35th Street, 9th Floor
New York, NY 10001
212-947-1471

www.eprany.org

Services offered to individuals in recovery from drug and alcohol abuse.

Fedcap

Murray Hill; Community Board 6
633 3rd Avenue, 6th Floor
New York, NY 10017
212-727-4200

www.fedcap.org

GOSO

East Harlem; Community Board 11
91 East 116th Street
New York, NY 10029
212-831-5020

www.gosonyc.org

All programs offered exclusively to individuals who have been released from a correctional facility.

Grace Institute

Upper East Side; Community Board 8
1233 Second Avenue
New York, NY 10065
212-832-7605

www.graceinstitute.org

Harlem Congregations for Community Improvement

Harlem; Community Board 10
2854 Frederick Douglass Boulevard
New York, NY 10039
212-281-4887

www.hcci.org

ICD

Financial District; Community Board 1
123 William Street, 5th Floor
New York, NY 10038
212-585-6009

www.icdnyc.org

Lifespire

Financial District; Community Board 1
1 Whitehall Street, 9th Floor
New York, NY 10004
212-741-0100

www.lifespire.org

Services offered exclusively to individuals with developmental disabilities.

Nontraditional Employment for Women (NEW)

Chelsea; Community Board 4
243 West 20th Street
New York, NY 10011
212-627-6252

www.new-nyc.org

**NYC Department of Labor,
Women's Bureau**

West Village; Community Board 2
201 Varick Street, Room 602
New York, NY 10014
646-264-3789
www.dol.gov

**NYC Housing Authority Resident
Employment Services**

718-289-8100
www.nyc.gov

NYC Job Training Program Guide
www.nyc.gov/trainingguide

**New York State Unemployment
Insurance**

888-209-8124
www.labor.ny.gov

**Restaurant Opportunities Center
of New York**

Chelsea; Community Board 4
275 7th Avenue
New York, NY 10001
212-343-1771
www.rocnyc.org

StreetWise Partners

Financial District; Community Board 1
65 Broadway, 19th Floor
New York, NY 10007
646-705-0029
www.streetwisepartners.org

STRIVE

East Harlem; Community Board 11
240 East 123rd Street
New York, NY 10035
212-360-1100
www.striveinternational.org

The Doe Fund

Yorkville; Community Board 8
232 East 84th Street
New York, NY 10028
212-628-5207
www.doe.org

Services for homeless and formerly incarcerated individuals.

**The School of Cooperative Technical
Education**

East Harlem; Community Board 11
321 East 96th Street
New York, NY 10128
212-369-8800
www.co-optech.org

Programs for NYC residents who have graduated from or are currently in high school or a TASC program.

Win (formerly Women In Need)

Chelsea; Community Board 4
115 West 31st Street
New York, NY 10001
212-695-4758
www.winnyc.org

YWCA Family Resource Center

Clinton; Community Board 4
500 West 56th Street
New York, NY 10019
212-735-9813
www.ywcanyc.org

Services offered exclusively to women.

**YWCA of NYC Women's Empowerment
Network**

Financial District; Community Board 1
50 Broadway
New York, NY 10004
212-735-9773
www.ywcanyc.org

VI. FINANCIAL ASSISTANCE

Financial Assistance programs offer help in the form of loans, discounts, and handling money. The resources in this category are listed under emergency cash assistance, financial education, Human Resources Administration (HRA) job centers, Internal Revenue Service locations (IRS), rental and utilities assistance and eviction protection, and Social Security Disability Insurance (SSDI) and Social Security Insurance (SSI).

ASISTENCIA FINANCIERA

Los programas de **asistencia financiera** brindan ayuda mediante préstamos, descuentos y el manejo de dinero. Los recursos de esta categoría ofrecen asistencia de emergencia monetaria, educación financiera, Centros de Trabajo de la Administración de Recursos Humanos (HRA, por sus siglas en inglés), el Servicio de Impuestos Internos (IRS), asistencia con el alquiler y servicios, protección contra el desalojo, así como Seguro Social de Incapacidad (SSDI) y Seguro Social Suplementario (SSI).

財務協助

財務協助項目在貸款、貼現、及金錢處理上予以協助。此項目下的資源提供急用現金、財金教育、人力資源管理就業中心、國稅局地點、租金及水電費支助、逐出保護、社會安全殘障保險及社會安全保險等。

ASSISTANCE FINANCIERE

Les programmes **d'assistance financière** offrent une assistance sous forme de prêt, de remise et de gestion d'argent. Les ressources dans cette catégorie incluent liquide d'urgence, éducation financière, centres d'emploi de l'Administration des Ressources Humaines (Human Resources Administration, HRA), direction générale des finances publiques américaine (Internal Revenue Service, IRS), aide à la location et aux services d'électricité, d'eau et gaz, protection contre l'expulsion, et assurance de sécurité sociale pour le handicap (Social Security Disability Insurance, SSDI) et assurance de sécurité sociale (Supplemental Security Income, SSI).

EMERGENCY CASH ASSISTANCE

Human Resources Administration HIV/AIDS Services Administration (HASA)

Chelsea; Community Board 4
400 8th Avenue
New York, NY 10001
212-971-0626
www.nyc.gov

NYC Human Resources Administration Call 311 www.nyc.gov

Emergency cash assistance is offered to eligible individuals and families, based on income and resources, household composition and legal status.

New York State Office of Temporary and Disability Assistance

518-473-1090
www.otda.ny.gov

For families with children under the age of 18.

New York State Temporary Cash Assistance Hotline

800-342-3009

FINANCIAL EDUCATION

Financial Literacy Central at the New York Public Library

Midtown; Community Board 5
188 Madison Avenue
New York, NY 10016
917-275-6975
www.nypl.org

Neighborhood Trust

Washington Heights; Community Board 12
1112 St. Nicholas Avenue
New York, NY 10032
212-927-5771
neighborhoodtrust.org

NYC Office of Financial Empowerment

Financial District; Community Board 1
42 Broadway
New York, NY 10004
212-487-3156
www.nyc.gov

Open Door Senior Center

Little Italy; Community Board 2
168 Grand Street
New York, NY 10013
212-431-9026
www.cpc-nyc.org

HUMAN RESOURCE ADMINISTRATION (HRA) JOB CENTERS

Human Resource Administration Job Centers “One-shot” Emergency Grant: CRPU

Chelsea; Community Board 4
109 East 16th Street
New York, NY 10003
212-835-8261

Applicants have to apply in person at the designated HRA Centers.

Human Resources Administration “One-Shot” Emergency Grant: Dyckman #35

Midtown; Community Board 5
4055 10th Avenue
New York, NY 10034
212-569-9543

Applicants have to apply in person at the designated HRA Centers.

**Human Resources Administration
“One-Shot” Emergency Grant:
East End #23**

East Harlem; Community Board 11
2322 Third Avenue
New York, NY 10035
212-860-2749

*Applicants have to apply in person at the
designated HRA Centers.*

**Human Resources Administration
“One-Shot” Emergency Grant: Family
Services Call Center Manhattan Satellite**

Harlem; Community Board 9
132 West 125th Street
New York, NY 10027
212-666-7566

*Applicants have to apply in person at the
designated HRA Centers.*

**Human Resources Administration
“One-Shot” Emergency Grant:
St. Nicholas Job Center #18**

Harlem; Community Board 9
132 West 125th Street
New York, NY 10027
212-666-5678

*Applicants have to apply in person at the
designated HRA Centers.*

**Human Resources Administration
“One-hot” Emergency Grant:
Waverly #13**

Chelsea; Community Board 4
12 West 14th Street
New York, NY 10011
212-620-9890

*Applicants have to apply in person at the
designated HRA Centers.*

INTERNAL REVENUE SERVICE (IRS) LOCATIONS

**Internal Revenue Service (IRS)
Downtown**

Financial District; Community Board 1
290 Broadway
New York, NY 10007
212-436-1000
www.irs.gov

Internal Revenue Service (IRS) Uptown

East Harlem; Community Board 11
2283 3rd Avenue
New York, NY 10035
718-536-3699
www.irs.gov

**Legal Aid Society Low-Income
Taxpayer Hotline**

212-426-3013
www.legal-aid.org

RENTAL & UTILITIES ASSISTANCE & EVICTION PROTECTION

Family Eviction Prevention Supplement

Midtown; Community Board 5
12 West 37th Street
New York, NY 10018
646-472-0262
www.newdestinyhousing.org

HEAP: Home Energy Assistance Program

800-692-0557

www.otda.ny.gov

For low-income homeowners and renters in need of assistance for heating/cooling homes.

Heating Assistance for Homebound Residents

212-331-3150

www.otda.ny.gov

Coalition for the Homeless—Homeless Prevention Funding

Financial District; Community Board 1

129 Fulton Street

New York, NY 10038

212-776-2039

www.coalitionforthehomeless.org

Crisis Intervention walk-in hours begin at 9:00 AM, Monday through Friday; services are provided on a first-come-first-serve basis. It is advisable to arrive no later than 8:00 AM.

NYC Housing Court Rent Arrears Hotline

212-962-4795

Assistance is only available for candidates with a pending court case.

New York State Weatherization Assistance Program

518-474-5700

www.nyshcr.org

Request to Pay Rent Arrears in Excess of Public Assistance Maximum Shelter Allowance

www.nyc.gov

Complete form for assistance.

The Bridge Fund

Chelsea; Community Board 4

105 East 22nd Street

New York, NY 10010

212-674-0812

**SOCIAL SECURITY
DISABILITY INSURANCE
(SSDI) & SOCIAL
SECURITY INSURANCE
(SSI)**

ACCESS NYC

www.a858-ihss.nyc.gov

This search engine will tell you if you are eligible for Social Security benefits.

**Jewish Community Council of
Washington Heights-Inwood**

Fort George; Community Board 12

121 Bennett Avenue, Suite 11A

New York, NY 10033

212-568-5450

www.jccwashingtonheights.org

Provides up-to-date information about public benefits and assists clients in applying for public benefits.

**The United State Office of
Social Security**

800-772-1213

www.ssa.gov

VII. FOOD & HUNGER

The programs in the **Food and Hunger** category help individuals and families secure food. The resources in this category are listed under farmers' markets, food pantries, food stamp access, general food support, school lunches, senior food services, and soup kitchens.

HAMBRE Y ALIMENTACIÓN

Los programas de la categoría de **hambre y alimentación** ayudan a asegurar el abastecimiento de alimentos para individuos y familias. Los recursos en esta categoría se registran como: mercados agrícolas, despensas de alimentos, acceso a cupones de alimentos, asistencia alimentaria general, acceso a almuerzos escolares, servicios para personas mayores así como comedores de beneficencia.

糧食與飢餓

糧食與飢餓項目下的計畫在於協助個人及各家庭單位保障糧食，此項目下的資源列舉在農夫市集、食物銀行、糧食券取得、一般糧食支援、學校午餐、長者糧食服務、及流動廚房等。

NOURRITURE & FAIM

Les programmes recensés dans la catégorie **nourriture et faim** aident individus et familles à obtenir de la nourriture. Les ressources dans cette catégorie sont listées sous : les marchés, les banques alimentaires, l'accès aux coupons alimentaires, aide alimentaire générale, déjeuners scolaires, services pour personnes âgées et les soupes populaires.

NYC FARMERS' MARKETS

GrowNYC Farmers' Markets

212-788-7900

www.grownyc.org

Many accept Food Stamps (EBT, SNAP, WIC & FMNP).

Just Food

Theater District; Community Board 5
1133 Avenue of the Americas, Suite 1515
New York, NY 10036

212-645-9880

www.justfood.org

New Amsterdam Market

Financial District; Community Board 1
902 Peck Slip
New York, NY 10038

www.newamsterdammarket.org

FOOD PANTRIES

Metropolitan Community Church of NY

Hell's Kitchen; Community Board 4
446 West 36th Street
New York, NY 10018

212-629-7440

www.mccny.org

All services offered exclusively to LGBT youth.

National Council of Jewish Women

Upper West Side; Community Board 7
241 West 72 Street
New York, NY 10023

212-687-5030

www.ncjwny.org

Saint Francis Breadline

Chelsea; Community Board 4
135 West 31st Street
New York, NY 10001

212-564-8799

www.stfrancisbreadline.org

Will deliver groceries to the elderly.

Saint Paul's House

Clinton; Community Board 4
335 West 51st Street
New York, NY 10019

212-265-5433

www.saintpaulshouse.org

Trinity S.A.F.H. (Services and Food for the Homeless)

East Village; Community Board 3
602 East 9th Street
New York, NY 10009

212-228-5254

www.safhny.org

Food pantry is open Monday through Thursday at 12:30 PM. Soup kitchen is open Monday through Friday at 11:00 AM.

West Side Campaign Against Hunger Food Bank

Upper West Side; Community Board 7
263 West 86th Street, Basement Level
New York, NY 10024

212-362-3662

www.wscah.org

FOOD STAMP ACCESS

The Supplemental Nutrition Assistance Program (SNAP)

800-342-3009

www.otda.ny.gov

For single adults, childless adults, children living apart from any adult relative and persons who have exceeded the 60-month limit on Temporary Assistance for Needy Families (TANF).

East End SNAP Center

East Harlem; Community Board 11
2322 3rd Avenue, 3rd Floor
New York, NY 10035

212-860-5159

www.a858-ihss.nyc.gov

St. Nicholas SNAP Center

Harlem; Community Board 10
132 West 125th Street, 3rd Floor
New York, NY 10027
212-666-1434

www.a858-ihss.nyc.gov

Households must meet eligibility requirements and provide proof of their household circumstances. For most households, eligibility to receive benefits is based on household size, income and expenses.

Washington Heights SNAP Center

Inwood; Community Board 12
4055 10th Avenue, Lower Level
New York, NY 10034
212-352-2519

www.a858-ihss.nyc.gov

Households must meet eligibility requirements and provide proof of their household circumstances. For most households, eligibility to receive benefits is based on household size, income and expenses.

Waverly SNAP Center

Greenwich Village; Community Board 2
12 West 14th Street, 4th Floor
New York, NY 10011
212-352-2519

www.a858-ihss.nyc.gov

Households must meet eligibility requirements and provide proof of their household circumstances. For most households, eligibility to receive benefits is based on household size, income and expenses.

NYC Expedited Food Stamps Assistance

Call 311

www.nyc.gov

Households must meet eligibility requirements and provide proof of their household circumstances. For most households, eligibility to receive benefits is based on household size, income and expenses.

The Special Supplemental Nutrition Program for Women, Infants & Children (WIC)

800-522-5006

www.health.nyc.gov

To qualify, you must be a pregnant women, a mother of a baby up to 6 months old or a breastfeeding mother of a baby up to 12 months old or a child up to 5 years old. You must be a resident of New York State but you do not need to be a United States citizen. You must meet the eligibility guidelines or receive benefits from Food Stamps, Medicaid or Temporary Assistance for Needy Families (TANF) and be assessed by a WIC health care professional.

GENERAL FOOD SUPPORT

City Harvest Hunger Hotline

Midtown; Community Board 5
6 East 32nd Street, 5th Floor
New York, NY 10016
646-412-0600

www.cityharvest.org

Emergency Food Assistance Program's (EFAP) NYC Emergency Food Hotline (FoodLine)

866-888-8777

www.nyc.gov

Spanish spoken.

Food Bank for New York City

Financial District; Community Board 1
39 Broadway
New York, NY 10006
212-566-7855

www.foodbanknyc.org

Food Program Locator

www.foodbanknyc.org/foodprogramlocator

Manhattan Food Sources

Call 311

www.nyc.gov

Listing of food sources in Manhattan only.

New York City Coalition Against Hunger
Financial District; Community Board 1
50 Broad Street, Suite 1520
New York, NY 10004
212-825-0028
www.nyccah.org

*Find food programs in your area:
<http://nyccah.org/hungermaps>.*

SCHOOL LUNCHES (FREE OR REDUCED)

SchoolFood Help Desk
877-363-6325
www.applyforlunch.com

*Application form available in Spanish, Arabic,
Bengali, French, Greek, Haitian, Hindi, Korean,
Polish, Urdu, Chinese (Mandarin), Hebrew,
Italian and Russian.*

SENIORS

Citymeals Meal Provider: Carter Burden Senior Program
Upper East Side; Community Board 8
351 East 74th Street
New York, NY 10021
212-535-5235
www.citymeals.org

Citymeals Meal Provider: Charles A. Walburg Multi-Service Organization
Harlem; Community Board 10
163 West 125th Street
New York, NY 10027
212-222-2552
www.citymeals.org

Citymeals Meal Provider: Encore Senior Center
Theater District; Community Board 5
239 West 49th Street
New York, NY 10019
212-581-2910
www.citymeals.org

Citymeals Meal Provider: Goddard-WEME Mainstream Nutrition Program
Upper West Side; Community Board 7
263 West 86th Street
New York, NY 10024
212-874-3751
www.citymeals.org

Citymeals Meal Provider: Healthy Senior Select Meals on Wheels
Lower East Side; Community Board 3
265 Henry Street
New York, NY 10002
212-473-1474
www.citymeals.org

Citymeals Meal Provider: Project Open Door
Lower East Side; Community Board 3
115 Chrystie Street
New York, NY 10002
212-431-9026
www.citymeals.org

Citymeals Meal Provider: Stanley Isaacs Meals On Wheels
Yorkville; Community Board 8
415 East 93rd Street
New York, NY 10128
212-360-7620
www.citymeals.org

Citymeals Meal Provider: Union Settlement Meals on Wheels
East Harlem; Community Board 11
2205 First Avenue
New York, NY 10029
212-828-6102
www.citymeals.org

Citymeals Meal Provider: United Jewish Council Adult Lunch Club
Lower East Side; Community Board 3
15-17 Bialystoker Place
New York, NY 10002
212-673-9328
www.citymeals.org

Citymeals Meal Provider: University Settlement Nutrition Program

Lower East Side; Community Board 3
189 Allen Street
New York, NY 10002
212-473-8217

www.citymeals.org

Citymeals-on-Wheels Main Office

Murray Hill; Community Board 6
355 Lexington Avenue
New York, NY 10017
212-687-1234

www.citymeals.org

To be eligible for home delivery a person must be 60 years of age or older and physically or mentally incapacitated and in need of some assistance, but able to live safely at home if services are provided. Even if you receive homecare or Medicaid, you are still eligible for meal service if the homecare worker cannot prepare a meal to fit your dietary or religious restrictions, or if he or she is designated to assist only with other tasks.

Seniors Farmers' Market Nutrition Program (FMNP)

518-457-7076

www.agriculture.ny.gov

SOUP KITCHENS

All Souls Church

Upper East Side; Community Board 8
1157 Lexington Avenue
New York, NY 10075
212-535-5530

www.fridaysoupnyc.org

Open at 12:00 PM on Fridays.

Broadway Presbyterian Church

Morningside Heights; Community Board 9
601 West 114th Street
New York, NY 10025

www.broadwaycommunity.org

Soup kitchen is open Monday through Wednesday from 12:30 PM to 2:00 PM; Food pantry is open on Fridays from 3:00 PM to 6:00 PM.

CSS Episcopal Church

Lincoln Square; Community Board 7
120 West 69th Street
New York, NY 10023
212-787-2755

www.csschurch.org

Also has a shelter open exclusively to men, only on weekends, from September through May.

Food Bank for New York City: Community Kitchen and Food Pantry

Harlem; Community Board 10
252 West 116th Street
New York, NY 10026
212-566-7855

www.foodbanknyc.org

Holy Apostles Soup Kitchen

Chelsea; Community Board 4
296 Ninth Avenue
New York, NY 10001
212-924-0167

www.holyapostlessoupkitchen.org

Open every weekday, including holidays, from 10:30 AM to 12:30 PM.

The Village Temple

Greenwich Village; Community Board 2
33 East 12th Street
New York, NY 10003
212-674-2340

www.villagetemple.org

VIII. HEALTH & MENTAL HEALTH

Health and Mental Health services encourage and support the maintenance and restoration of physical and mental health. They provide individuals and families with access to affordable, quality care and offer resources for sustaining healthy lifestyles. Resources included in this category are dental services, family medicine, free or low-cost public hospitals and health clinics, hearing services, HIV/AIDS services, insurance providers, mental and developmental health services, providers of free, low-cost, or sliding-fee health care, sexually transmitted infection clinics, substance abuse, tuberculosis clinics, vision services, and women's health.

SALUD FÍSICA Y MENTAL

Los servicios de **salud física y mental** fomentan y apoyan el cuidado y la recuperación de la salud física y mental. Permiten que los individuos y familias accedan a un cuidado asequible y de calidad y ofrecen recursos para mantener un estilo de vida sano. Los recursos en esta categoría se registran como: servicios dentales, servicios de medicina familiar, hospitales y clínicas públicos gratuitos o de bajo costo, servicios de audición, servicios para personas con VIH/SIDA, aseguradoras, servicios de salud mental y de desarrollo, proveedores de atención médica gratuita, de bajo costo o con escala móvil de honorarios, clínicas para el tratamiento de infecciones de transmisión sexual, abuso de sustancias, clínicas para el tratamiento de la tuberculosis, servicios para la visión, y salud de la mujer.

健康及心理健康

健康及心理健康服務在鼓勵並協助維護及修補心理健康。此項目提供個人及各家庭單位取得可負擔且優質的護理照顧，並給予保持健康人生的相關資源。此項目包含的資源有牙科服務、家庭醫療、免費或低負擔之醫院及診所、聽覺服務、愛滋病服務、保險提供者、心理及發育健康服務、免費、低負擔或按比例支付之醫療保健提供者、性病感染門診、藥物濫用、結核病門診、視力服務、及婦女健康。

SANTE & SANTE MENTALE

Les services de **santé et les services de santé mentale** encouragent et participent au rétablissement et à la maintenance de la santé physique et mentale. Ils permettent aux individus et aux familles d'accéder à des soins abordables et de qualité et offrent des ressources leur permettant de mener des vies saines. Ce guide inclut les soins dentaires ; prestataires de médecine familiale ; les coordonnées d'hôpitaux et d'cliniques publiques gratuits ; de services pour troubles de l'audition ; de services VIH/SIDA ; des fournisseurs d'assurance ; de services de santé mentale et développementale ; de prestataires de soins médicaux gratuits, à bas prix ou à échelle de tarification mobile ; des cliniques pour les infections transmises sexuellement ; spécialisés dans l'abus de substances ; des cliniques pour la tuberculose ; de services pour troubles de la vue ; et de santé de la femme.

DENTAL

NYU Dental Clinic

Kips Bay; Community Board 6
345 East 24th Street
New York, NY 10010
212-998-9800
www.dental.nyu.edu

General, emergency, oral surgery, pediatric dentistry, etc., plus mobile clinic "Smiling Faces Going Places."

FAMILY MEDICINE

Chelsea Health Center

Chelsea; Community Board 4
303 9th Avenue
New York, NY 10001
212-239-1744
www.nyc.gov

East 13th Street Family Practice

East Village; Community Board 3
113 East 13th Street
New York, NY 10003
212-253-1830
www.institute.org

Family Health Institute of Harlem

East Harlem; Community Board 11
1824 Madison Avenue
New York, NY 10035
212-423-4500
www.institute.org

Little Sisters of the Assumption Family Health Service

East Harlem; Community Board 11
333 East 115th Street
New York, NY 10029
646-672-5200
www.littlesistersfamily.org

Young Adult Institute

Chelsea; Community Board 4
460 West 34th Street
New York, NY 10001
212-273-6100
www.yai.org

All services are offered exclusively to individuals with disabilities.

HEARING

Center for Hearing and Communication

Financial District; Community Board 1
50 Broadway, 6th Floor
New York, NY 10004
917-305-7766
917-305-7999 (TTY)
www.chchearing.org

HIV/AIDS

African Services Committee

Manhattanville; Community Board 9
429 West 127th Street
New York, NY 10027
212-222-3882
www.africanservices.org

Assistance for all New Yorkers seeking free and confidential testing for HIV, tuberculosis, hepatitis B & C, sexually transmitted diseases, pregnancy, diabetes and blood pressure, and people living with HIV. Also offered are low-fee immigration services for immigrants regardless of HIV status.

Apicha Community Health Center

Chinatown; Community Board 1
400 Broadway
New York, NY 10013
212-334-7940
www.apicha.org

Specializes in services for Asian Pacific Islanders and LGBT community members who live in and around the Lower East Side of Manhattan.

Callen-Lorde Community Health Center

Chelsea; Community Board 4
356 West 18th Street
New York, NY 10011
212-271-7200
www.callen-lorde.org

Friends in Deed

SoHo; Community Board 2
594 Broadway, Suite 706
New York, NY 10012
212-925-2009
www.friendsindeed.org

GMHC

Garment District; Community Board 5
446 West 33rd Street
New York, NY 10001
212-367-1000
www.gmhc.org

Services offered primarily to individuals living with STIs or HIV/AIDS.

Iris House

East Harlem; Community Board 11
2271 2nd Avenue
New York, NY 10035
212-423-9049
www.irishouse.org

Services offered exclusively to individuals living with HIV/AIDS; Housing services offered primarily to women living with HIV/AIDS.

NYC Department of Health and Mental Hygiene HIV/Aids Hotline

800-825-5448
NYC HIV/AIDS Service Administration
212-971-0626
www.nyc.gov

Participants must have medical proof of HIV infection.

The Center

West Village; Community Board 2
208 West 13th Street
New York, NY 10011
212-620-7310
www.gaycenter.org

Services offered primarily to individuals from the LGBT community.

INSURANCE SOURCES

Community Health Advocates

Murray Hill; Community Board 6
633 3rd Avenue, 10th Floor
New York, NY 10017
888-614-5400
www.communityhealthadvocates.org

Program of Community Service Society; emergency cash available for hospital bills.

Healthfirst

866-463-6743
www.healthfirst.org

Information on Medicaid, Child Health Plus and Family Health Plus

MetroPlus

Financial District; Community Board 1
160 Water Street, 3rd Floor
New York, NY 10038
800-475-METRO
www.metroplus.org

LOW OR NO-COST HEALTH INSURANCE

NYC Human Resource Administration—Medical Assistance Program (MAP)

Chinatown; Community Board 3
115 Chrystie Street, 5th Floor
New York, NY 10002
212-334-6114
www.nyc.gov

**NYC Human Resource Administration—
Medical Assistance Program (MAP)**

East Harlem; Community Board 11

1901 1st Avenue, Room 1D-27

New York, NY 10029

212-423-7006

www.nyc.gov

Office located within Metropolitan Hospital.

**NYC Human Resource Administration —
Medical Assistance Program (MAP)**

Manhattanville; Community Board 9

520 West 135th Street, 1st Floor

New York, NY 10031

212-939-0207

www.nyc.gov

**New York State Department of Health
Medicaid Office**

800-541-2831

www.health.ny.gov

**New York State Department of Health:
Child Health Plus**

800-698-4543

www.health.ny.gov

Health insurance for children and teens.

New York State Health Plan Marketplace

855-355-5777

www.nystateofhealth.ny.gov

MENTAL & DEVELOPMENTAL HEALTH

Alzheimer's Association, NYC Chapter

Murray Hill; Community Board 6

360 Lexington Avenue, 4th Floor

New York, NY 10017

646-744-2900 or 800-272-3900

www.alz.org

CASES Manhattan ACT

Harlem; Community Board 10

2090 Adam Clayton Powell Jr. Boulevard

New York, NY 10027

212-553-6708

www.cases.org

All services offered exclusively to individuals with persistent mental illness who are residents of Upper Manhattan.

Columbia Psychiatry NYSPI

Washington Heights; Community Board 12

1051 Riverside Drive

New York, NY 10032

646-774-5000

www.nyspi.org

**Mental Health Association (MHA) of
New York City LifeNet**

800-543-3638

www.mhaofnyc.org

All services offered exclusively to individuals with mental illness.

**National Alliance for the Mentally Ill—
NYC Metro Area Chapter**

Garment District; Community Board 4

505 8th Avenue, Suite 1103

New York, NY 10018

212-684-3264

www.naminycmetro.org

Support groups for individuals 18 and older, and family members of individuals with mental health issues, or caregivers of individuals with mental health issues.

Olivieri Center

Chelsea; Community Board 4

257 West 30th Street

New York, NY 10001

212-947-3211

Services offered to men and women ages 18 and older.

Quality Services for the Autistic Community

Garment District; Community Board 5
253 West 35th Street, 14th Floor
New York, NY 10001
212-244-5560

www.qsac.com

All programs offered exclusively to individuals with Autism and their families.

The Bridge

Manhattan Valley; Community Board 7
248 West 108th Street
New York, NY 10025
212-663-3000

www.thebridgeny.org

All services are offered exclusively to individuals with mental health conditions.

The William Alanson White Institute

Upper West Side; Community Board 7
20 West 74th Street
New York, NY 10023
212-873-0725

www.wawwhite.org

**PROVIDERS OF FREE,
LOW-COST, OR
SLIDING-FEE
HEALTH CARE**

ACCESS Community Health Care

Financial District; Community Board 1
83 Maiden Lane, 6th Floor
New York, NY 10038
212-895-3410

www.accesschc.org

American Indian Community House

Chelsea; Community Board 4
254 West 29th Street, 2nd Floor
New York, NY 10001
212-598-0100

www.aich.org

Services offered exclusively to American Indians and Alaskan Natives residing in the five boroughs.

Amsterdam Center

Upper West Side; Community Board 7
690 Amsterdam Avenue
New York, NY 10025
212-865-4104

www.institute.org

ASCNYC CASA Washington Heights

Washington Heights; Community Board 12
2036 Amsterdam Avenue
New York, NY 10032
212-645-0875

www.ascnyc.org

ASCNYC Keith Haring Harlem Center

East Harlem; Community Board 11
315 East 104th Street, Suite 1
New York, NY 10029
212-645-0875

www.ascnyc.org

ASCNYC Luis & Lillian Outreach Center

East Village; Community Board 3
150 1st Avenue
New York, NY 10009
212-645-0875

www.ascnyc.org

Bellevue Hospital Center

Kips Bay; Community Board 6
462 1st Avenue
New York, NY 10016
212-562-4141

www.nyc.gov

Betances Health Center

Lower East Side; Community Board 3
280 Henry Street
New York, NY 10002
212-227-8401
www.betances.org

Spanish spoken.

Boriken Neighborhood Health Center

East Harlem; Community Board 11
2253 3rd Avenue
New York, NY 10035
212-289-6650
www.boriken.org

Spanish spoken.

Care for the Homeless

Midtown; Community Board 5
30 East 33rd Street, 5th Floor
New York, NY 10027
212-366-4459
www.careforthehomeless.org

Catherine M. Abate Health Center

Lower East Side; Community Board 3
150 Essex Street
New York, NY 10002
212-477-1120
www.chnnyc.org

Spanish spoken; Chinese spoken.

Charles B. Wang Community Health Center

Chinatown; Community Board 1
268 Canal Street
New York, NY 10013
212-379-6988
www.cbwchc.org

Languages spoken include Mandarin, Cantonese, Taishanese, Shanghainese, Fujianese, Vietnamese, and Korean.

Columbia Student Medical Outreach

Washington Heights; Community Board 12
21 Audubon Avenue
New York, NY 10033
212-342-4719
www.cosmoprimarycare.org

Community Healthcare Network

Harlem; Community Board 10
81 West 115th Street
New York, NY 10026
212-426-0088
www.chnnyc.org

Community League Health Center

Washington Heights; Community Board 12
511 West 157th Street
New York, NY 10032
212-781-7979
www.chnnyc.org

Spanish spoken.

Gouverneur Health

Lower East Side; Community Board 3
227 Madison Street
New York, NY 10002
212-238-7897
www.nyc.gov

Harlem United

Harlem; Community Board 10
290 Malcolm X Boulevard
New York, NY 10027
212-289-2378
www.harlemunited.org

All services offered exclusively to individuals living with HIV/AIDS.

Helen B. Atkinson Health Center

Harlem; Community Board 10
81 West 115th Street
New York, NY 10026
212-426-0088
www.chnnyc.org

Spanish spoken.

Heritage Health Care

Hamilton Heights; Community Board 9
1727 Amsterdam Avenue
New York, NY 10031
212-862-0054
www.heritage-healthcare.com

Metropolitan Hospital Center

East Harlem; Community Board 11
1901 1st Avenue
New York, NY 10029
212-423-6262
www.nyc.gov

**New York Presbyterian/
Lower Manhattan Hospital**

Financial District; Community Board 1
170 William Street
New York, NY 10038
212-312-5280
www.nyp.org

Project Renewal

Financial District; Community Board 1
200 Varick Street
New York, NY 10014
212-620-0340
www.projectrenewal.org

All services are offered only to individuals who are homeless.

Ryan/Adair Community Health Center

Harlem; Community Board 10
565 Manhattan Avenue
New York, NY 10027
212-222-5221
www.ryancenter.org

Ryan-NENA Community Health Center

Lower East Side; Community Board 3
279 East 3rd Street
New York, NY 10009
212-477-8500
www.ryancenter.org

Settlement Health & Medical Services

East Harlem; Community Board 11
212 East 106th Street
New York, NY 10029
212-360-2661
www.settlementhealth.org

Sidney Hillman Health Center

Gramercy Park; Community Board 6
16 East 16th Street
New York, NY 10003
212-206-5200
www.institute.org

**William F. Ryan
Community Health Center**

Upper West Side; Community Board 7
110 West 97th Street
New York, NY 10025
212-749-1820
www.ryancenter.org

**William F. Ryan/Chelsea Clinton
Community Health Center**

Clinton; Community Board 4
645 10th Avenue
New York, NY 10036
212-265-4500
www.ryancenter.org

SEXUALLY TRANSMITTED INFECTION (STI) CLINICS

Central Harlem Health Center

Harlem; Community Board 10
2238 5th Avenue
New York, NY 10037
212-690-1760
www.nyc.gov

**Manhattanville Renaissance
Health Center**

Manhattanville; Community Board 9
21 Old Broadway
New York, NY 10027
347-841-3921
www.nyc.gov

Riverside Health Clinic

Manhattan Valley; Community Board 7
160 West 100th Street
New York, NY 10025
877-364-8191
www.nyc.gov

Lower East Side Service Center

Financial District; Community Board 1
80 Maiden Lane, 2nd Floor
New York, NY 10038
212-566-5372
www.lesc.org

SUBSTANCE ABUSE

Alcoholics Anonymous

Chelsea; Community Board 4
307 7th Avenue, Suite 201
New York, NY 10001
212-647-1680 or 914-949-1200
www.nyintergroup.org

Community Association of Progressive Dominicans

Washington Heights; Community Board 12
3940 Broadway
New York, NY 10032
212-781-5500
www.acdp.org
Spanish spoken.

Department of Health and Mental Hygiene

Chelsea; Community Board 4
303 9th Avenue
New York, NY 10001
Call 311
www.nyc.gov

Referrals for free and confidential STD clinics.

Exodus Transitional Community

East Harlem; Community Board 11
2271 3rd Avenue, 2nd Floor
New York, NY 10035
917-492-0990
www.etcny.org

All services offered exclusively to men, women and youth who have been incarcerated.

Narcotics Anonymous

Greenwich Village; Community Board 2
154 Christopher Street
New York, NY 10014
212-929-6262
www.nycna.org

New York State Office of Alcoholism & Substance Abuse

Garment District; Community Board 5
501 7th Avenue
New York, NY 10018
800-553-5790
www.oasas.ny.gov

The Emma L. Bowen Community Service Center

Hamilton Heights; Community Board 7
1727 Amsterdam Avenue
New York, NY 10035
212-348-4660
www.bowencsc.org

All services are offered exclusively to individuals with mental health conditions.

VIDA Family Services

East Harlem; Community Board 11
127 East 105th Street
New York, NY 10029
212-289-1004

Services offered to men and women ages 18 and up.

TUBERCULOSIS CLINICS

Washington Heights Chest Center

Washington Heights; Community Board 12
600 West 168th Street
New York, NY 10032
212-368-4500
www.nyc.gov

VISION

American Foundation for the Blind

Chelsea; Community Board 5
2 Penn Plaza, Suite 1102
New York, NY 10121
212-502-7600
www.afb.org

All services are offered to individuals with vision impairment and their families.

Jewish Guild Healthcare

Lincoln Square; Community Board 7
15 West 65th Street
New York, NY 10023
800-284-4422
www.guildhealth.org

All services are offered to individuals with vision impairment and their families.

Lighthouse Guild

Lenox Hill; Community Board 8
111 East 59th Street
New York, NY 10022
800-284-4422
www.lighthouseguild.org

All services are offered to individuals with vision impairment and their families.

VISIONS Services for the Blind and Visually Impaired

West Village; Community Board 2
500 Greenwich Street, 3rd Floor
New York, NY 10013
212-625-1616
www.visionsvcb.org

All services are offered to individuals with vision impairment and their families.

WOMEN'S HEALTH

Planned Parenthood Margaret Sanger Center

NoHo; Community Board 2
26 Bleecker Street
New York, NY 10012
212-965-7000
www.plannedparenthood.org

Prenatal Care Assistance Program

www.nyc.gov

Provides locations of hospitals and other health centers that offer treatment through the Prenatal Care Assistance Program.

Ryan Women and Children's Center

Upper West Side; Community Board 7
801 Amsterdam Avenue
New York, NY 10025
212-316-8300
www.ryancenter.org

Spencer Cox Center for Health Morningside Clinic

Morningside Heights; Community Board 10
390 West 114th Street, 3rd Floor
New York, NY 10025
212-523-6500
www.centerforcare.org

**Spencer Cox Center for Health
Samuels Clinic**

Clinton; Community Board 4
1000 10th Avenue, Suite 2T
New York, NY 10019
212-523-6500
www.centerforcare.org

**Spencer Cox Center for Health
West 17th Street Clinic**

Chelsea; Community Board 4
230 West 17th Street
New York, NY 10011
212-523-6500
www.centerforcare.org

Weill Cornell Community Clinic

Lenox Hill; Community Board 8
505 East 70th Street
New York, NY 10065
646-962-9222
www.weill.cornell.edu

Women's Healthline

Call 311

*Information and referrals on general health for
low-income women*

**Women's Health Free Clinic (WHFC)
at the NYU Langone Sydney Hillman
Family Practice**

Gramercy Park; Community Board 2
16 East 16th Street
New York, NY 10003
212-206-5200
www.nycfreeclinic.med.nyu.edu

IX. HOUSING & HOMELESSNESS

Housing and Homelessness services work to enable individuals and families to secure affordable housing options and also help secure financial and legal rights for individuals and families struggling to maintain their current homes. The resources in this category offer information about foreclosure prevention, homelessness prevention, NYC housing development and preservation, NYC public housing, supportive housing, and tenants' rights.

VIVIENDA Y DESAMPARO

Los servicios de **vivienda y desamparo** funcionan para asegurar opciones de alojamiento asequible para individuos y familias así como para garantizar los derechos económicos y legales de las personas y familias que luchan por sostener sus hogares actuales. Ofrecen información sobre la prevención de la ejecución hipotecaria, prevención contra el desamparo, la conservación y desarrollo de la vivienda en la Ciudad de Nueva York, las viviendas públicas de esta ciudad, alojamiento con servicios de apoyo, y los derechos del inquilino.

住房與無房

住房與無房服務致力於讓個人及各家庭單位能保有可負擔的住房方式，並協助維護個人及各家庭單位在為努力維持現有住家下，仍保障應有之財務及法律權益。此項目提供止贖預防、無家可歸預防、紐約市住房發展及維護、紐約市國民住宅、住房支援、住戶權益等資訊。

LOGEMENT & ABSENCE DE DOMICILE

Les services pour le **logement et l'absence de domicile** visent à permettre aux individus et familles d'obtenir des options de logements abordables. Ils veillent également à protéger les droits (notamment financiers) des individus et des familles se battant pour garder leur domicile. Ils offrent des informations concernant la prévention des saisies de logements, l'aide pour ceux qui risquent de devenir sans-abri, le développement ou la préservation des lotissements à New York, les logements sociaux à New York, logements avec des services de soutien et les droits des locataires.

FORECLOSURE PREVENTION

Center for New York City Neighborhoods

Financial District; Community Board 1
17 Battery Place #728
New York, NY 10004
212-566-3050
cnycn.org

Hope Community, Inc.

East Harlem; Community Board 11
174 East 104th Street
New York, NY 10029
212-860-8821
www.hopeci.org

Services offered exclusively to residents and businesses of East Harlem.

United Homesteading Assistance Board

Financial District; Community Board 1
120 Wall Street, 20th Floor
New York, NY 10005
212-479-3300
www.uhab.org

HOMELESSNESS PREVENTION

30th Street Men's Shelter

Kips Bay; Community Board 6
400 East 30th Street
New York, NY 10016
212-481-4704
www.coalitionforthehomeless.org

For single men without children.

Adult Family Intake Center (AFIC)

Kips Bay; Community Board 6
400-430 East 30th Street
New York, NY 10016
212-481-4707
www.nyc.gov

Adult families with no children must go in person to the AFIC Office, open 24 hours, 7 days a week; identification forms (ID card, Social Security card, birth certificate, etc.) required.

Coalition for the Homeless

Lower East Side; Community Board 2
129 Fulton Street
New York, NY 10038
212-964-5900
www.coalitionforthehomeless.org

Henry Street Settlement Helen's House

Financial District; Community Board 1
9 Henry Street
New York, NY 10002
212-254-0499
www.henrystreet.org

Housing for parents and their pre-school children.

Holy Name Center

NoHo; Community Board 2
18 Bleecker Street
New York, NY 10012
646-794-2492
Men only.

Main Chance

Kips Bay; Community Board 6
120 East 32nd Street
New York, NY 10016
212-883-0680
Spanish spoken.

New York City Rescue Mission

Chinatown; Community Board 2
90 Lafayette Street
New York, NY 10013
212-226-6214
www.nycrescue.org

NYC Department of Homeless Services Client Advocacy Hotline

800-994-6494
www.nyc.gov

Open Door

Garment District; Community Board 4
402 West 41st Street
New York, NY 10036
212-465-0975

*Services offered to men and women ages
18 and older.*

Palladia, Inc.

East Harlem; Community Board 11
2006 Madison Avenue
New York, NY 10035
212-979-8800
www.palladiainc.org

Prevention Assistance and Temporary Housing (PATH)

151 East 151st Street
Bronx, NY 10451
917-521-3900
www.nyc.gov

*Families with children under 21 years and
families with a pregnant member must all go in
person to PATH office, open 24 hours, 7 days
a week; identification forms (ID card, Social
Security card, birth certificate, etc.) required.
Saint Paul and Saint Andrew (SPSA)*

United Methodist Church

Upper West Side; Community Board 7
263 West 86th Street
New York, NY 10024
212-362-3179
www.stpaulandstandrew.org

Shelter is exclusively for women.

Stratford Arms Community Council

Lincoln Square; Community Board 7
120 West 70th Street
New York, NY 10023
212-595-2868

The New York City Department of Homeless Services (DHS): DHS Office of Client Advocacy

Financial District; Community Board 1
33 Beaver Street
New York, NY 10004
800-994-6494
www.nyc.gov

NYC HOUSING & PRESERVATION DEPARTMENT (HPD)

Affordable and Subsidized Housing Lottery Hotline

212-863-5610
Call 311
www.nyc.gov

Repair Requests for HPD properties.

NYC PUBLIC HOUSING

NYC Affordable Housing Resource Center

Call 311
www.nyc.gov

New York City Housing Authority (NYCHA) Community Centers www.gis.nyc.gov

New York City Housing Authority (NYCHA) Housing Development Locator www.nyc.gov

Section 8 Housing

Manhattanville; Community Board 9
560 West 133rd Street
New York, NY 10027
212-234-3656

SUPPORTIVE HOUSING

Bailey House

East Harlem; Community Board 11
1751 Park Avenue
New York, NY 10035
212-633-2500
www.baileyhouse.org

Spanish spoken; Housing offered to individuals living with HIV/AIDS.

Barrier Free Living

East Village; Community Board 3
270 East 2nd Street
New York, NY 10009
212-677-6668
www.bflnyc.org

All services are offered exclusively to individuals with disabilities and their families.

Broadway Housing Communities

Hamilton Heights; Community Board 9
583 Riverside Drive
New York, NY 10031
212-568-2030
www.broadwayhousing.org

Seven residential buildings throughout Upper Manhattan. Contact headquarters for specific information on each building; enrollment in their pre-school is open to residents and non-residents.

Common Ground

Garment District; Community Board 4
505 8th Avenue, 5th Floor
New York, NY 10018
212-389-9300.
www.commonground.org

Covenant House New York

Hell's Kitchen; Community Board 4
460 West 41st Street
New York, NY 10036
212-613-0300
www.ny.covenanthouse.org

Housing services offered exclusively to single young people and single women with children.

Fountain House

Clinton; Community Board 4
425 West 47th Street
New York, NY 10036
212-582-0340
www.fountainhouse.org

All services offered exclusively to individuals with mental illness.

Greenhope Services for Women

East Harlem; Community Board 11
435 East 119th Street
New York, NY 10035
212-360-4002
www.greenhope.org

Services offered exclusively to women who have been incarcerated.

Harlem Independent Living Center

Manhattanville; Community Board 9
289 Saint Nicholas Avenue, Suite 21
New York, NY 10027
212-222-7122

Primarily serves SNAP (Supplemental Nutrition Assistance Program) individuals who reside in zip codes of 10451 and 10457.

HIV/AIDS Services Administration's (HASA) Housing

Chelsea; Community Board 4
400 8th Avenue
New York, NY 10001
212-971-0626
www.nyc.gov

Homeless Services United

Chelsea; Community Board 4
446 West 33rd Street
New York, NY 10001
212-367-1562
www.hsunited.org

Nazareth Housing

East Village; Community Board 3
519 East 11th Street
New York, NY 10009
212-777-1010
www.nazarethhousingnyc.org

Neighborhood Coalition for Shelter

Upper East Side; Community Board 8
157 East 86th Street
New York, NY 10028
212-537-5100
www.ncsinc.org

New Destiny Housing

Midtown; Community Board 5
12 West 37th Street, 7th floor
New York, NY 10018
646-472-0262
www.newdestinyhousing.org

Services offered to survivors of domestic violence.

Praxis Housing Initiatives

Financial District; Community Board 1
17 Battery Place, Suite 307
New York, NY 10004
212-293-8404
www.praxishousing.org

Services offered exclusively to individuals with HIV/AIDS.

Supportive Housing Network of New York

Midtown; Community Board 5
247 West 37th Street
New York, NY 10018
212-801-3343
www.shnny.org

The Emma L. Halfway House

East Harlem; Community Board 11
2009 3rd Avenue
New York, NY 10029
212-348-4660
www.bowencsc.org

Halfway House for individuals with substance or chemical dependency.

The Partnership for the Homeless

Chelsea; Community Board 4
305 7th Avenue, 14th Floor
New York, NY 10001
212-645-3444
www.partnershipforthehomeless.org

Seniors at risk of homelessness.

WPA Hopper Home

East Village; Community Board 3
110 2nd Avenue
New York, NY 10003
646-292-7740
www.wpaonline.org

Services offered exclusively to women who have been incarcerated and their children.

WPA Sarah Powell Huntington House

East Village; Community Board 3
347 East 10th Street
New York, NY 10009
646-292-7710
www.wpaonline.org

Services offered exclusively to women who have been incarcerated and their children.

TENANTS' RIGHTS

116th Street Block Association

East Harlem; Community Board 11
55 East 115th Street, Suite 101
New York, NY 10029
212-860-4100
www.116blockassociation.com

Community Housing Improvement Program (CHIP)

Financial District; Community Board 1
5 Hanover Square, Suite 1605
New York, NY 10004
212-838-7442

www.chipnyc.org

EIS: Housing Resource Center

Financial District; Community Board 1
80 Maiden Lane, 11th Floor
New York, NY 10038
212-308-2210

www.eisny.org

Good Old Lower East Side (GOLES)

East Village; Community Board 3
169 Avenue B
New York, NY 10009
212-358-1231

www.goles.org

Harlem Tenants Council

Harlem; Community Board 10
21 West 130th Street
New York, NY 10037
646-812-5188

www.harlemtenantscouncil.com

Housing Court Answers

Chinatown; Community Board 1
111 Centre Street, Room 225
New York, NY 10013
212-962-4795

www.cwtfhc.org

Metropolitan Council on Housing

NoHo; Community Board 2
339 Lafayette Street, Suite 301
New York, NY 10012
212-979-0611

www.metcouncilonhousing.org

NYC Housing Court Answers

Chinatown; Community Board 3
111 Centre Street
New York, NY 10013
212-962-4795

www.cwtfhc.org

NYC Rent Guidelines Board

Civic Center; Community Board 1
51 Chambers Street
New York, NY 10007
212-385-2934

www.nycrgb.org

Tenants & Neighbors

Chelsea; Community Board 4
236 West 27th Street, 4th Floor
New York, NY 10001
212-608-4320

www.tenantsandneighbors.org

The Cooper Square Committee

East Village; Community Board 3
61 East 4th Street
New York, NY 10003
212-228-8210

www.coopersquare.org

Spanish spoken; Chinese spoken; services offered exclusively to residents of the area between East 14th Street and Delancey Street, from the Bowery to Avenue D.

West Harlem Group Assistance

Hamilton Heights; Community Board 9
1652 Amsterdam Avenue
New York, NY 10031
212-281-5552

www.whgainc.org

X. IMMIGRATION

The **Immigration** category features programs and services that promote the well-being of immigrant communities and help individual immigrants acclimate to life in New York City. The resources listed in this category include English for speakers of other languages, general assistance programs, health care, language services, legal services, Municipal ID services, and resettlement of refugees.

INMIGRACIÓN

La categoría de **inmigración** incluye programas y servicios que promueven el bienestar de las comunidades de inmigrantes y que ayudan a la adecuación a la vida en la Ciudad de Nueva York. Los recursos abarcan clases de inglés para hablantes de otros idiomas así como programas que brindan asistencia general, atención médica, servicios lingüísticos, servicios legales, servicios sobre tarjetas de identificación y recursos de reasentamiento para refugiados.

移民

移民項目含有倡導移民社群的福祉及協助獨立移民人士適應紐約市生活等相關計劃及服務。此項目的資源包括指導母語為其他語言之人士的英語課程、一般性協助計畫、醫療保健、語言服務、法律服務、市立身分證服務、及難民再安居等。

IMMIGRATION

La section sur **l'immigration** présente des programmes et des services qui promeuvent le bien-être des communautés immigrantes et aident les immigrants à s'acclimater à la vie dans New York. Les ressources incluent des classes d'anglais langue étrangère ainsi que des programmes offrant d'assistance générale, des soins médicaux, des services linguistiques, des services juridiques, les renseignements concernant l'obtention de papiers, et des relocalisations pour les réfugiés.

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES CLASSES (ESOL)

City University of New York—City College of New York (CUNY)

Hamilton Heights; Community Board 9
160 Convent Avenue, Shepard Building,
Room 2
New York, NY 10031
212-650-7312

www.literacy.cuny.edu

Programs are for adults and youth.

English for Speakers of Other Languages (ESOL)

917-275-6975

www.nypl.org

Institute for Immigrant Concerns

Chelsea; Community Board 4
307 7th Avenue
New York, NY 10001
212-421-9538

www.instituteformigrantconcerns.com

Inwood Community Services, Inc.

Inwood; Community Board 12
651 Academy Street
New York, NY 10034
212-942-0043

www.inwoodcommunityservices.org

Programs are for adults and youth.

Literacy Partners

Murray Hill; Community Board 6
30 East 33rd Street, 6th Floor
New York, NY 10016
212-725-9200

www.literacypartners.org

Programs are for adults.

Riverside Language Program

Morningside Heights; Community Board 9
490 Riverside Drive
New York, NY 10027
212-662-3200

www.riversidelanguage.org

Programs are for adults and youth.

GENERAL ASSISTANCE

African Services Committee

Manhattanville; Community Board 9
429 West 127th Street
New York, NY 10027
212-222-3882

www.africanservices.org

City University of New York— City College Immigration Center

Hamilton Heights; Community Board 9
160 Convent Avenue
North Academic Center, Rm. 1-206
New York, NY 10031
212-650-6620

www.cuny.edu

Spanish and Italian spoken.

Greater Chinatown Community Association

Chinatown; Community Board 3
105 Mosco Street
New York, NY 10013
212-374-1311

www.gccanyc.org

Hispanic Federation

Financial District; Community Board 1
55 Exchange Place
New York, NY 10005
212-233-8955

www.hispanicfederation.org

*Spanish spoken; Services provided exclusively
to individuals who identify as Latino.*

Immigrant Social Services

Chinatown; Community Board 3
137 Henry Street
New York, NY 10002
212-571-1840

Indochina Sino-American Community Center

Lower East Side; Community Board 3
170 Forsyth Street, 2nd Floor
New York, NY 10002
212-226-0317

www.isacc-ny.org

Cantonese and Vietnamese spoken.

New York State Office for New Americans Hotline

212-419-3737
www.otda.ny.gov

United Jewish Council (UJC) of the East Side

Lower East Side; Community Board 3
235 East Broadway
New York, NY 10002
212-233-6037
www.ujces.org

YMCA-New Americans Welcome Centers: Chinatown

Chinatown; Community Board 3
273 Bowery
New York, NY 10002
212-219-8393
www.ymcanyc.org

YMCA-New Americans Welcome Centers: Harlem

Harlem; Community Board 9
180 West 135th St
New York, NY 10030
212-912-2100
www.ymcanyc.org

HEALTH CARE

Northern Manhattan Coalition for Immigration Rights

Washington Heights; Community Board 12
665 West 182nd Street
New York, NY 10033
212-781-0355
www.nmcir.org

LANGUAGE SERVICES

New York Immigration Coalition

Chelsea; Community Board 2
137 West 25th Street
New York, NY 10001
212-627-2227
www.thenyic.org

LEGAL SERVICES

1199 SEIU Citizenship Program

Garment District; Community Board 4
330 West 42nd Street, 3rd Floor
New York, NY 10036
646-473-8915
www.1199seiubenefits.org

*Only members of 1199SEIU are eligible to
receive services.*

African Hope Committee, Inc.

Hamilton Heights; Community Board 9
441 Convent Avenue, Suite 4D
New York, NY 10031
212-862-9010
www.afriquehope.org

Asian American Legal Defense & Education Fund

Tribeca; Community Board 1
99 Hudson Street, 12th Floor
New York, NY 10013
212-966-5932

www.aaldef.org

Services offered primarily to Asian immigrants and Asian Americans.

Asian Americans for Equality

Chinatown; Community Board 3
2 Allen Street, Suite 5A
New York, NY 10002
212-979-8381

www.aafe.org

Benjamin N. Cardozo School of Law—Immigration Justice Clinic

Greenwich Village; Community Board 2
55 5th Avenue, 11th Floor
New York, NY 10003
212-790-0340

www.cardozo.yu.edu

Catholic Charities Community Services—Legal Services for Immigrants

Financial District; Community Board 1
80 Maiden Lane, 13th Floor
New York, NY 10038
212-419-3700

www.catholiccharitiesny.org

District Attorney's Office: Immigrant Affairs Unit

Chinatown; Community Board 1
One Hogan Place
New York, NY 10013
212-335-3600

www.manhattanda.org

HIAS

Chelsea; Community Board 4
333 7th Avenue, 16th Floor
New York, NY 10001
212-967-4100

www.hias.org

Russian, Spanish, Polish, and French spoken.

Immigrant Defense Project

Midtown; Community Board 5
28 West 39th Street, Suite 501
New York, NY 10018
212-725-6422

www.immigrantdefenseproject.org

Immigration Equality

Financial District; Community Board 1
40 Exchange Place, Suite 1300
New York, NY 10005
212-714-2904

www.immigrationequality.org

Services offered to LGBT and HIV-positive immigrants.

The Legal Aid Society Immigration Law Unit

Financial District; Community Board 1
199 Water Street
New York, NY 10038
212-577-3456

www.legal-aid.org

Assistance for non-citizens detained by Immigration and Customs Enforcement (ICE) in New Jersey and New York.

MUNICIPAL ID SERVICES

IDNYC

www.nyc.gov

Use website to identify locations where you can register for an identification card.

REFUGEE RESETTLEMENT

Episcopal Migration Ministries

Turtle Bay; Community Board 6
815 2nd Avenue
New York, NY 10017
800-334-7626

www.episcopalmigrationministries.org

International Rescue Committee

Garment District; Community Board 5
263 West 38th Street
New York, NY 10018
212-551-3100

www.rescue.org

Lutheran Social Services of New York

Morningside Heights; Community Board 9
475 Riverside Drive
New York, NY 10115
212-870-1100

www.lssny.org

XI. LEGAL SERVICES

Legal Services help men, women, and children meet their essential needs and challenge systemic injustices experienced in their daily lives. Resources listed in this category include advice and referrals, consumer rights, disability and discrimination, housing, senior citizens, women, and youth.

SERVICIOS LEGALES

Los **servicios legales** permiten que todas las personas cubran sus necesidades básicas y puedan desafiar las injusticias sistemáticas de su vida diaria. Los recursos en esta categoría proveen asesoramiento y referencias así como ayuda en materia de derechos del consumidor, discapacidad y discriminación, vivienda, y otros problemas que involucran personas mayores, mujeres y jóvenes.

法律服務

法律服務在於協助男性、女性、及幼童解決其基本需要，並挑戰他們日常生活中所面對之系統性的不公義。此項目下的資源包含建議以及轉介，消費者權益、身心障礙及歧視、住房、年長公民、女性、青少年問題等。

SERVICES JURIDIQUES

Les **services juridiques** aident les hommes, femmes et enfants à satisfaire leurs besoins essentiels et à affronter les injustices systématiques auxquelles ils sont confrontés dans leur vie de tous les jours. Les ressources dans cette catégorie offrent des conseils et des orientations ainsi qu'une aide en matière de droits des consommateurs, d'handicap et de discrimination, et de logements. Elles offrent également une assistance pour tout autre problème relatif aux citoyens âgés, aux femmes et aux jeunes.

ADVICE & REFERRALS

Civil Legal Advice and Resource Office NYC

Financial District; Community Board 1
111 Centre Street, Room 105
New York, NY 10013
212-267-6646
www.claronyc.org

Legal Information for Families Today (LIFT)

Chinatown; Community Board 1
60 Lafayette Street, Lobby
New York, NY 10013
646-613-9633
www.liftonline.org

LawHelpNY www.lawhelpny.org

Legal Aid Civil Practice
East Harlem; Community Board 11
230 East 106th Street
New York, NY 10029
212-426-3000
www.legal-aid.org

Legal Aid Civil Practice
Financial District; Community Board 1
111 Centre Street, Room 106
New York, NY 10013
212-577-3300
www.legal-aid.org

Legal Aid Criminal Practice
Tribeca; Community Board 2
49 Thomas Street
New York, NY 10013
212-732-5000
www.legal-aid.org

Legal Aid Criminal Practice
Financial District; Community Board 1
100 Centre Street
New York, NY 10013
212-732-5000
www.legal-aid.org

Legal Aid Criminal Practice
Clinton; Community Board 4
314 West 54th Street
New York, NY 10019
646-264-1306
www.legal-aid.org

Legal Aid Society
Financial District; Community Board 1
199 Water Street
New York, NY 10038
212-577-3300
www.legal-aid.org

MFY Legal Services
Tribeca; Community Board 1
299 Broadway
New York, NY 10007
212-417-3700
www.mfy.org

**Neighborhood Defender Service
of Harlem**
Harlem; Community Board 10
317 Lenox Avenue, 10th Floor
New York, NY 10027
212-876-5500
www.ndsny.org

New York City Bar Association
Midtown; Community Board 5
42 West 44th Street
New York, NY 10036
212-626-7373
www.nycbar.org

New York Legal Assistance Group
Financial District; Community Board 1
7 Hanover Square, 18th Floor
New York, NY 10004
212-613-5000
www.nylag.org

Sylvia Rivera Law Project

Chelsea; Community Board 4
147 West 24th Street, 5th Floor
New York, NY 10011
212-337-8550

www.srlp.org

Spanish spoken; services for low-income transgender individuals.

Urban Justice Center

Financial District; Community Board 1
40 Rector Street, 9th Floor
New York, NY 10006
646-602-5600

www.urbanjustice.org

Volunteers of Legal Service

Gramercy Park; Community Board 6
281 Park Avenue South
New York, NY 10010
212-966-4400

www.volspobono.org

CONSUMER RIGHTS

**Legal Service of New York:
Upper Manhattan**

Harlem; Community Board 9
1 West 125th Street
New York, NY 10027
646-442-3100

www.legalservicesnyc.org

**Legal Services of New York:
Lower Manhattan**

Tribeca; Community Board 2
40 Worth Street, Suite 606
New York, NY 10013
646-422-3100

www.legalservicesnyc.org

English, Spanish, French, Mandarin, and Cantonese spoken.

NYC Department of Consumer Affairs

Financial District; Community Board 1
42 Broadway, 9th Floor
New York, NY 10004
Call 311

www.nyc.gov

Complaints can be filed by phone or online.

**New York State Attorney General's
Office — Bureau of Consumer Frauds
and Protection**

212-416-8300

www.ag.ny.gov

Forms available in Spanish.

**DISABILITY &
DISCRIMINATION**

Disability Rights Advocates

Tribeca; Community Board 1
40 Worth Street, 10th Floor
New York, NY 10013
212-644-8644

www.dralegal.org

Lambda Legal

Financial District; Community Board 1
120 Wall Street, 19th Floor
New York, NY 10005
212-809-8585

www.lambdalegal.org

Legal Action Center

Tribeca; Community Board 2
225 Varick Street
New York, NY 10014
212-243-1313

www.lac.org

Intake by phone only; no walk-ins.

New York City Commission on Human Rights

Financial District; Community Board 1
100 Gold Street, Suite 4600
New York, NY 10038
212-306-7560
www.nyc.gov

Focuses on discrimination in employment, housing, public accommodations, and related problems.

New York Lawyers for the Public Interest

Chelsea; Community Board 5
151 West 30th Street, 11th Floor
New York, NY 10001
212-244-4664
www.nlpi.org

HOUSING LAW

Housing Conservation Coordinators Legal Clinic

Clinton; Community Board 4
777 10th Avenue
New York, NY 10019
212-541-5966
www.nyc.gov

Legal Aid Society Manhattan Housing Court Project

Financial District; Community Board 1
111 Centre Street
New York, NY 10013
212-577-3300
www.legal-aid.org

Spanish spoken.

SENIOR CITIZENS

Services & Advocacy for GLBT Elders (SAGE)

Chelsea; Community Board 4
305 7th Avenue, 15th Floor
New York, NY 10001
212-741-2247
www.sageusa.org

All services and programs are offered to seniors who identify with the LGBT community.

WOMEN

A Better Balance

Financial District; Community Board 1
80 Maiden Lane, Suite 606
New York, NY 10038
212-430-5982
www.abetterbalance.org

Her Justice

Financial District; Community Board 1
80 Centre Street, 5th Floor
New York, NY 10013
212-695-3800
www.herjustice.org

Services offered exclusively to victims of domestic violence.

National Organization for Women New York City

Chelsea; Community Board 4
150 West 28th Street, Suite 304
New York, NY 10001
212-627-9895
www.nownyc.org

YOUTH

Advocates for Children

Chelsea; Community Board 4
151 West 30th Street, 5th Floor
New York, NY 10001
866-427-6033

www.advocatesforchildren.org

Works with children enrolled in NYC public schools, from birth through age 26.

Legal Aid Juvenile Practice

Chinatown; Community Board 1
60 Lafayette Street, Room 9A
New York, NY 10013
212-312-2260

www.legal-aid.org

Youth Represent

Financial District; Community Board 1
11 Park Place, Suite 1512
New York, NY 10007
212-553-6421

www.youthrepresent.org

Assistance for low-income individuals age 24 or under, who have a case pending in Criminal Court or Family Court or have another legal problem related to an arrest or conviction.

XII. LIBRARIES

Public **Libraries** provide free books, information, ideas, and education to all city residents. They are hubs for community engagement and public assistance. There is one central library in each borough, as well as branches throughout the diverse neighborhoods of New York City. Library branches sometimes close for renovation so, before visiting, call to see if a branch is open.

BIBLIOTECAS

Las **bibliotecas** públicas brindan libros gratuitos, información, ideas y educación para todos los habitantes de la ciudad. Son centros para la participación comunitaria y la ayuda pública. Hay una biblioteca central en cada condado así como filiales en los distintos vecindarios de la ciudad de Nueva York. A veces, las bibliotecas filiales están cerradas por renovaciones por lo cual, antes de visitar alguna, llame para asegurarse que esté abierta al público.

圖書館

公共圖書館提供所有市民免費書籍、資訊、想法、及教育。這些圖書館為社區聯繫情感及公共協助的主要場域。每一行政區都有一中心圖書館，更有許多分館座落在紐約市多元化的各個社區裡。圖書館分館有時會因整修而閉館，所以拜訪前請先撥打電話詢問該館是否開放。

BIBLIOTHEQUES

Les **bibliothèques** publiques publiques offrent des livres, des informations, un enseignement et des idées gratuits à tous les résidents de la ville. Elles servent de plateformes pour l'engagement communautaire et l'assistance publique. Il y a une bibliothèque centrale dans chaque arrondissement ainsi que des annexes dans tous les quartiers de New York. Les bibliothèques annexes ferment parfois pour cause de rénovation, veuillez donc à appeler avant de vous déplacer afin de vérifier que l'annexe soit bien ouverte.

MAIN LIBRARY

New York Public Library—Central Library Branch Stephen A. Schwarzman Building

Midtown; Community Board 5
455 5th Avenue
New York, NY 10018
212-340-0863
www.nypl.org

BRANCHES

115th Street Library

Harlem; Community Board 10
203 West 115th Street
New York, NY 10026
212-666-9393
www.nypl.org

125th Street Library

East Harlem; Community Board 11
224 East 125th Street
New York, NY 10035
212-534-5050
www.nypl.org

58th Street Library

Midtown; Community Board 5
127 East 58th Street
New York, NY 10022
212-759-7358
www.nypl.org

67th Street Library

Lenox Hill; Community Board 8
328 East 67th Street
New York, NY 10065
212-734-1717
www.nypl.org

96th Street Library

Upper East Side; Community Board 8
112 East 96th Street
New York, NY 10128
212-289-0908
www.nypl.org

Aguilar Library

East Harlem; Community Board 11
174 East 110th Street
New York, NY 10029
212-534-2930
www.nypl.org

Andrew Heiskell Braille and Talking Book Library

Chelsea; Community Board 4
40 West 20th Street
New York, NY 10011
212-206-5400
www.nypl.org

Battery Park City Library

Battery Park City; Community Board 1
175 North End Avenue
New York, NY 10282
212-790-3499
www.nypl.org

Bloomingdale Library

Manhattanville; Community Board 7
150 West 100th Street
New York, NY 10025
212-222-8030
www.nypl.org

Chatham Square Library

Chinatown; Community Board 3
33 East Broadway
New York, NY 10002
212-964-6598
www.nypl.org

Columbus Library

Clinton; Community Board 4
742 10th Avenue
New York, NY 10019
212-586-5098
www.nypl.org

Countee Cullen Library

Harlem; Community Board 10
104 West 136th Street
New York, NY 10030
212-491-2070
www.nypl.org

Epiphany Library

Gramercy Park; Community Board 6
228 East 23rd Street
New York, NY 10010
212-679-2645
www.nypl.org

Fort Washington Library

Washington Heights; Community Board 12
535 West 179th Street
New York, NY 10033
212-927-3533
www.nypl.org

George Bruce Library

Morningside Heights; Community Board 9
518 West 125th Street
New York, NY 10027
212-662-9727
www.nypl.org

Grand Central Library

Turtle Bay; Community Board 6
135 East 46th Street
New York, NY 10017
212-621-0670
www.nypl.org

Hamilton Fish Park Library

Lower East Side; Community Board 3
415 East Houston Street
New York, NY 10002
212-673-2290
www.nypl.org

Hamilton Grange Library

Hamilton Heights; Community Board 9
503 West 145th Street
New York, NY 10031
212-926-2147
www.nypl.org

Harlem Library

Harlem; Community Board 10
9 West 124th Street
New York, NY 10027
212-348-5620
www.nypl.org

Hudson Park Library

West Village; Community Board 2
66 Leroy Street
New York, NY 10014
212-243-6876
www.nypl.org

Inwood Library

Inwood; Community Board 12
4790 Broadway
New York, NY 10034
212-942-2445
www.nypl.org

Jefferson Market Library

West Village; Community Board 2
425 Avenue of the Americas
New York, NY 10011
212-243-4334
www.nypl.org

Kips Bay Library

Kips Bay; Community Board 6
446 3rd Avenue
New York, NY 10016
212-683-2520
www.nypl.org

Macomb's Bridge Library

Harlem; Community Board 10
2650 Adam Clayton Powell, Jr. Boulevard
New York, NY 10039
212-281-4900
www.nypl.org

Morningside Heights

Morningside Heights; Community Board 9
2900 Broadway
New York, NY 10025
212-864-2530
www.nypl.org

Muhlenberg Library

Chelsea; Community Board 4
209 West 23rd Street
New York, NY 10011
212-924-1585
www.nypl.org

Mulberry Street Library

SoHo; Community Board 2
10 Jersey Street
New York, NY 10012
212-966-3424
www.nypl.org

New Amsterdam Library

Tribeca; Community Board 1
9 Murray Street
New York, NY 10007
212-732-8186
www.nypl.org

New York Public Library for the Performing Arts

Lincoln Square; Community Board 7
40 Lincoln Center Plaza
New York, NY 10023
917-275-6975
www.nypl.org

Ottendorfer Library

East Village; Community Board 3
135 2nd Avenue
New York, NY 10003
212-674-0947
www.nypl.org

Riverside Library

Lincoln Square; Community Board 7
127 Amsterdam Avenue
New York, NY 10023
212-870-1810
www.nypl.org

Roosevelt Island Library

Roosevelt Island; Community Board 8
524 Main Street
New York, NY 10044
212-308-6243
www.nypl.org

Saint Agnes Library

Upper West Side; Community Board 7
444 Amsterdam Avenue
New York, NY 10024
212-621-0619
www.nypl.org

Schomburg Center for Research in Black Culture

Harlem; Community Board 10
515 Malcolm X Boulevard
New York, NY 10037
212-491-2200
www.nypl.org

Science, Industry and Business Library

Midtown; Community Board 5
188 Madison Avenue
New York, NY 10016
917-275-6975
www.nypl.org

Seward Park Library

Lower East Side; Community Board 3
192 East Broadway
New York, NY 10002
212-529-2909
www.nypl.org

Terence Cardinal Cooke—Cathedral Library

Midtown; Community Board 5
560 Lexington Avenue
New York, NY 10022
212-752-3824
www.nypl.org

Tompkins Square Library

East Village; Community Board 3
331 East 10th Street
New York, NY 10009
212-228-4747
www.nypl.org

Washington Heights Library

Washington Heights; Community Board 12
1000 St. Nicholas Avenue
New York, NY 10032
212-923-6054
www.nypl.org

Yorkville Library

Upper East Side; Community Board 8
222 East 79th Street
New York, NY 10021
212-744-5824
www.nypl.org

Webster Library

Upper East Side; Community Board 8
1465 York Avenue
New York, NY 10021
212-288-5049
www.nypl.org

XIII. MULTI-SERVICE CENTERS

Multi-Service Centers are organizations and agencies that provide services spanning several social service categories. These institutions provide diverse programs to meet the needs of a wide range of individuals and families. These organizations are categorized as direct service organizations, membership organizations, and settlement houses.

CENTROS DE SERVICIOS MÚLTIPLES

Los **centros de servicios múltiples** son organizaciones y agencias que prestan distintos tipos de servicios sociales. Estas instituciones ofrecen programas variados para cubrir las necesidades de una amplia gama de individuos y familias. Las organizaciones en esta categoría se registran como: organizaciones de servicios directos, organizaciones de membresía y casas de acuerdo.

綜合服務中心

綜合服務中心為橫跨多類社會服務項目的組織及代辦單位。這些機構提供不同的計畫來滿足不同獨立個體及家庭單位的需求，並以直接服務單位、會員制單位、及睦鄰中心等分項。

CENTRES A SERVICES MULTIPLES

Les **centres à services multiples** sont des organisations et des agences qui offrent des services recoupant plusieurs catégories de services sociaux. Ces institutions offrent des programmes divers afin de satisfaire les besoins d'un vaste éventail d'individus et de familles. Les organisations sont listées sous : organisations de services directs, organisations associatives et maisons de règlement.

DIRECT SERVICE ORGANIZATIONS

92nd Street YMHA

Upper East Side; Community Board 8
1395 Lexington Avenue
New York, NY 10128
212-415-5500
www.92y.org

Abyssinian Development Corporation

Harlem; Community Board 10
2070 Adam Clayton Powell, Jr. Boulevard
New York, NY 10027
646-442-6599
www.adcorp.org

Boys & Girls Harbor, Inc.

East Harlem; Community Board 11
1 East 104th Street
New York, NY 10029
212-427-2244
www.theharbor.org

BRC

Chelsea; Community Board 4
131 West 25th Street, 12th Floor
New York, NY 10001
212-803-5700
www.brc.org

Catholic Charities of the Archdiocese of New York

Midtown; Community Board 5
1011 1st Avenue
New York, NY 10022
212-419-3737
www.catholiccharitiesny.org

Children's Aid Society, Inc.

Midtown; Community Board 5
105 East 22nd Street
New York, NY 10010
212-949-4800
www.childrensaidsociety.org

Chinatown YMCA

Chinatown; Community Board 3
273 Bowery Street
New York, NY, 10002
212-912-2460
www.ymcanyc.org

Dominican Women's Development Center

Fort George; Community Board 12
519 West 189th Street, Ground Floor
New York, NY 10040
212-994-6060
www.dwdc.org
Spanish spoken.

Harlem YMCA

Harlem; Community Board 9
180 West 135th Street
New York, NY 10030
212-912-2100
www.ymcanyc.org

McBurney YMCA

Chelsea; Community Board 4
125 West 14th Street
New York, NY 10011
212-912-2300
www.ymcanyc.org

Met Council

Financial District; Community Board 1
120 Broadway, 7th floor
New York, NY 10271
212-453-9500
www.metcouncil.org

New York Urban League

Harlem; Community Board 9
204 West 136th Street
New York, NY 10030
212-926-8000
www.nyul.org

Saint Matthew's and Saint Timothy's

Upper West Side; Community Board 7
26 West 84th Street
New York, NY 10024
212-362-6750
www.smstchurch.org

Salvation Army

Chelsea; Community Board 4
120 West 14th Street
New York, NY 10011
212-337-7339

www.salvationarmynewyork.org

Vanderbilt YMCA

Turtle Bay; Community Board 6
224 East 47th Street
New York, NY 10017
212-912-2500

www.ymcanyc.org

West Side YMCA

Lincoln Square; Community Board 7
5 West 63rd Street
New York, NY, 10023
212-875-4100

www.ymcanyc.org

FPWA

Financial District; Community Board 1
40 Broad Street
New York, NY 10004
212-777-4800

www.fpwa.org

LiveOn New York

Midtown; Community Board 5
49 West 45th Street, 7th Floor
New York, NY 10036
212-398-6565

www.liveon-ny.org

United Neighborhood Houses

Garment District; Community Board 5
70 West 36th Street
New York, NY, 10018
212-967-0322

www.unhny.org

MEMBER ORGANIZATIONS

Catholic Charities

East Village; Community Board 3
137 East 2nd Street
New York, NY 10009
212-677-6600

www.catholiccharitiesny.org

Community Service Society

Murray Hill; Community Board 6
633 3rd Avenue, 10th Floor
New York, NY 10017
212-254-8900

www.cssny.org

Federation of Jewish Philanthropies

Midtown; Community Board 5
130 East 59th Street
New York, NY 10022
212-980-1000

www.ujafedny.org

SETTLEMENT HOUSES

Broadway Housing Communities

Hamilton Heights; Community Board 9
583 Riverside Drive
New York, NY 10031
212-568-2030

www.broadwayhousing.org

Chinese-American Planning Council

Lower East Side; Community Board 3
165 Eldridge Street
New York, NY 10002
212-941-0030

www.cpc-nyc.org

Educational Alliance

Lower East Side; Community Board 3
197 East Broadway
New York, NY 10002
212-780-2300

www.edalliance.org

Goddard Riverside Community Center

Upper West Side; Community Board 7
593 Columbus Avenue
New York, NY 10024
212-873-6600
www.goddard.org

Grand Street Settlement

Lower East Side; Community Board 2
80 Pitt Street
New York, NY, 10002
212-674-1740
www.grandsettlement.org

Greenwich House

West Village; Community Board 2
27 Barrow Street
New York, NY 10014
212-242-4140
www.greenwichhouse.org

Hamilton-Madison House

Two Bridges; Community Board 3
50 Madison Street
New York, NY 10038
212-349-3724
www.hmhonline.org

Hartley House

Clinton; Community Board 4
413 West 46th Street
New York, NY 10036
212-246-9885
www.hartleyhouse.org

Henry Street Settlement

Lower East Side; Community Board 3
99 Essex Street
New York, NY 10002
212-478-5400
www.henrystreet.org

Hudson Guild

Chelsea; Community Board 4
119 9th Avenue
New York, NY 10011
212-924-6710
www.hudsonguild.org

Lenox Hill

Lenox Hill; Community Board 8
331 East 70th Street
New York, NY 10021
212-744-5022
www.lenoxhill.org

Lincoln Square Neighborhood Center

Lincoln Square; Community Board 7
250 West 65th Street
New York, NY 10023
212-874-0860
www.lsnycny.org

Northern Manhattan Improvement Corporation

Washington Heights; Community Board 12
76 Wadsworth Avenue
New York, NY 10033
212-822-8300
www.nmic.org

Stanley M. Isaacs Neighborhood Center

Yorkville; Community Board 8
415 East 93rd Street
New York, NY 10128
212-360-7620
www.isaacscenter.org

Supportive Children Advocacy Network

Kips Bay; Community Board 6
207 East 27th Street
New York, NY 10016
212-683-2522
www.scanny.org

Union Settlement

East Harlem; Community Board 11
237 East 104th Street
New York, NY 10029
212-828-6000
www.unionsettlement.org

University Settlement

Lower East Side; Community Board 3
189 Allen Street
New York, NY 10002
212-473-8217
www.universitysettlement.org

XIV. PRE-SCHOOL & CHILDCARE

Pre-School and Childcare programs provide enrichment for children not yet old enough to enroll in kindergarten. The resources in this category are listed under childcare, child abuse and neglect, children with disabilities, Head Start, and other pre-school programs.

PREESCOLARES Y GUARDERÍAS

Los **programas preescolares y de guardería** enriquecen a los niños que aún no pueden inscribirse en el jardín de infancia. Los recursos en esta categoría brindan ayuda con el cuidado infantil, abuso y abandono infantil, niños con discapacidades, el programa Head Start y otros programas preescolares.

學齡前教育與幼保

學齡前教育與幼保項目提供未達幼稚園學齡的孩童增潤課程。此項目下的資源分別以幼保、幼童虐待及忽視、身心障礙幼童、啟蒙計畫及其他學齡前課程等——羅列。

CRECHE & GARDE D'ENFANTS

Les programmes **de crèche et de garde d'enfants** sont un enrichissement pour les enfants encore trop jeunes pour aller à la maternelle. Les organisations dans cette catégorie sont listées sous : la garde d'enfants, la maltraitance sur mineur et la négligence enfantine, les enfants souffrant d'un handicap, « Head Start » ainsi que d'autres programmes préscolaires.

CHILDCARE

Chung Pak Day Care Center

Chinatown; Community Board 1
125 Walker Street, 3rd Floor
New York, NY 10013
212-343-9630

www.cpc-nyc.org

Chinese spoken; for ages 3 through 5.

Citizens Care Day Care Center, Inc.: DCC 1

Harlem; Community Board 10
131 St. Nicholas Avenue
New York, NY 10026
212-666-1683

For ages 2 through 5.

Citizens Care Day Care Center, Inc.: DCC 3

Morningside Heights; Community Board 9
3240 Broadway
New York, NY 10027
212-666-1683

For ages 2 through 5.

East Calvary Day Care, Inc.

Harlem; Community Board 10
1 West 112th Street
New York, NY 10026
212-534-5249

www.eastcalvarydaycare.org

East Harlem Block Nursery, Inc.: Grant Day Care Center

Morningside Heights; Community Board 10
1299 Amsterdam Avenue
New York, NY 10027
212-427-2571

www.eastharlemblocknursery.org

For ages 2 through 4.

East Harlem Block Nursery, Inc.: Nursery 1

East Harlem; Community Board 11
215 East 106th Street
New York, NY 10029
212-427-2571

www.eastharlemblocknursery.org

For ages 2 through 4.

Garment Industry Day Care Center

Chinatown; Community Board 3
115 Chrystie Street, 2nd Floor
New York, NY 10002
212-219-2286

www.cpc-nyc.org

Chinese spoken; for ages 2 1/2 through 5.

Henry Street Settlement: Day Care

Lower East Side; Community Board 3
301 Henry Street
New York, NY 10002
212-254-3100 x235

www.henrystreet.org

For ages 18 months through 5 years.

Jacob Riis Day Care Center

East Village; Community Board 3
108 Avenue D
New York, NY 10009
212-533-9138

www.cpc-nyc.org

For ages 6 months through 5 years.

Nicholas Cardell Day Care Center, Inc.

Inwood; Community Board 12
84 Vermilyea Avenue
New York, NY 10034
212-942-6757

Rena Day Care Center, Inc.

Washington Heights; Community Board 12
639 Edgecombe Avenue
New York, NY 10032
212-795-3700

For ages 6 weeks through 5 years.

Sabree Education Services
www.sabreeeducationservices.com

Provides training and support for parents and childcare providers.

**SCAN-NY: Holmes Towers/
Eisman Day Nursery**
East Harlem; Community Board 8
1794 1st Avenue
New York, NY 10029
212-722-7774
www.scanny.org

SCAN-NY: LaGuardia House Nursery
East Harlem; Community Board 11
414 East 105th Street
New York, NY 10029
212-722-7774
www.scanny.org

**Union Settlement Association:
Pequenos Souls Day Care Center**
East Harlem; Community Board 11
114-34 122nd Street
New York, NY 10035
212-828-6052
www.unionsettlement.org

CHILD ABUSE & NEGLECT

New York Center for Children
Lenox Hill; Community Board 8
333 East 70th Street
New York, NY 10021
212-517-3012
www.newyorkcenterforchildren.org

New York State Child Abuse Hotline
800-342-3720
www.ocfs.state.ny.us

*Call to report suspected child abuse
or maltreatment.*

CHILDREN WITH DISABILITIES

**Early Childhood Direction Center
(New York-Presbyterian)**
Lenox Hill; Community Board 8
409 East 60th Street, Suite 3-312
New York, NY 10022
212-746-6175
www.nyp.org

New York Center for Child Development
Harlem; Community Board 10
159 West 127th Street
New York, NY 10027
212-752-7575 ext. 312
www.nyccd.org
For ages newborn through 5 years.

**Resources for Children with
Special Needs**
Union Square; Community Board 5
116 East 16th Street, 5th Floor
New York, NY 10003
212-677-4650
www.resourcesnyc.org

Sinergia
East Harlem; Community Board 11
2082 Lexington Avenue, 4th Floor
New York, NY 10035
212-643-2840
www.sinergiany.org
Spanish spoken.

Yachad
Financial District; Community Board 1
11 Broadway 13th Floor
New York, NY 10004
212-613-8229
www.njcd.org

*Services offered exclusively to individuals
with developmental disabilities.*

HEAD START & OTHER PRE-SCHOOL PROGRAMS

Community Life Center, Inc. Head Start: Community Life Center 1

East Harlem; Community Board 11
221 East 122nd Street
New York, NY 10035
212-427-1077

Community Life Center, Inc. Head Start: Community Life Center 2

Harlem; Community Board 10
15 Mt. Morris Park West
New York, NY 10027
212-427-1077

Dewitt Reformed Church Head Start

Lower East Side; Community Board 3
280 Rivington Street
New York, NY 10002
212-505-8050 ext. 12
www.churches.rca.org

For ages 3 through 5.

East Harlem Council for Human Services, Inc. Bilingual Head Start: Site #1

East Harlem; Community Board 11
30 East 111th Street
New York, NY 10029
212-427-9010

For ages 2 through 5.

East Harlem Council for Human Services, Inc. Bilingual Head Start: Site #2

East Harlem; Community Board 11
440 East 116th Street
New York, NY 10029
212-427-9010

For ages 2 through 5.

Fort George Community Enrichment Center Head Start

Fort George; Community Board 12
1525 St. Nicholas Avenue
New York, NY 10033
212-927-2210
www.fortgeorgecenter.org

Grand Street Settlement: Head Start Center 1

Lower East Side; Community Board 3
294 Delancey Street
New York, NY 10002
212-777-0656
www.grandsettlement.org

For ages newborn through 5 years.

Grand Street Settlement: Head Start Center 2

Lower East Side; Community Board 3
300 Delancey Street
New York, NY 10002
212-777-0656
www.grandsettlement.org

For ages newborn through 5 years.

Harlem Children's Zone Head Start

Harlem; Community Board 10
60 West 117 Street
New York, NY 10026
212-369-3577
www.hcz.org

Northside Center for Child Development, Inc.: Susan Patricof Head Start Center

East Harlem; Community Board 11
302 East 111th Street
New York, NY 10029
646-351-1331
www.northsidecenter.org

For ages newborn through 5 years.

**Abyssinian Development Corporation:
Pre-K Site #1**

Harlem; Community Board 10
129 West 138th Street
New York, NY 10030
212-690-2869
www.adcorp.org

**Abyssinian Development Corporation:
Pre-K Site #2**

East Harlem; Community Board 10
25 West 132nd Street
New York, NY 10037
212-690-2869
www.adcorp.org

**Abyssinian Development Corporation:
Pre-K Site #3**

East Harlem; Community Board 10
646 Lenox Avenue
New York, NY 10037
212-690-2869
www.adcorp.org

**Addie Mae Collins Community Service,
Inc.: Pre-K Site #2**

East Harlem; Community Board 11
2322 3rd Avenue
New York, NY 10035
212-831-9222
www.addiemaecollins.org

**Addie Mae Collins Community Service,
Inc.: Pre-K Site #3**

East Harlem; Community Board 11
345 East 101st Street
New York, NY 10029
212-831-7373
www.addiemaecollins.org

**Addie Mae Collins Community Service,
Inc.: Pre-K Site #1**

East Harlem; Community Board 11
110 East 129th Street
New York, NY 10035
212-831-9220
www.addiemaecollins.org

**Birch Family Services Manhattan
Early Childhood Center**

Morningside Heights; Community Board 9
554 Fort Washington Avenue
New York, NY 10033
212-740-5157
www.birchfamilyservices.org

Bloomingdale Family Program 1

Upper West Side; Community Board 7
125 West 109th Street
New York, NY 10025
212-663-4067
www.bloomingdalefamilyprogram.org

Bloomingdale Family Program 3

Upper West Side; Community Board 7
987 Columbus Avenue
New York, NY 10025
212-663-4067
www.bloomingdalefamilyprogram.org

**Cardinal McCloskey School and Home
for Children: Queen of Martyrs**

Fort George; Community Board 12
71-91 Arden Street
New York, NY 10040
212-835-8086
www.childrensaidsociety.org

For ages 6 weeks through 13 years.

**Children's Aid Society, Inc.:
Drew Hamilton Center**

Harlem; Community Board 10
2672 Frederick Douglass Boulevard
New York, NY 10030
212-835-7719
www.childrensaidsociety.org

For ages 6 weeks through 5 years.

**Children's Aid Society, Inc.:
Dunlevy Milbank Campus**

Harlem; Community Board 10
14-32 West 118th Street
New York, NY 10026
212-835-7714
www.childrensaidsociety.org

For ages 6 weeks through 5 years.

**Children's Aid Society, Inc.:
East Harlem Center**

East Harlem; Community Board 11
130 East 101st Street
New York, NY 10029
917-286-1529

www.childremsaidsociety.org

For ages 6 weeks through 5 years.

Children's Aid Society, Inc.: P.S. 152

Inwood; Community Board 12
93 Nagle Avenue
New York, NY 10040
917-286-1529

www.childremsaidsociety.org

For ages 6 weeks through 5 years.

Children's Aid Society, Inc.: P.S. 5

Washington Heights; Community Board 12
3703 10th Avenue
New York, NY 10034
917-286-1529

www.childremsaidsociety.org

For ages 6 weeks through 5 years.

Children's Aid Society, Inc.: P.S. 50

East Harlem; Community Board 11
433 East 100th Street
New York, NY 10029
917-286-1529

www.childremsaidsociety.org

For ages 6 weeks through 5 years.

**Children's Aid Society, Inc.: Taft Early
Childhood Center**

East Harlem; Community Board 11
1724 Madison Avenue
New York, NY 10029
917-286-1529

www.childremsaidsociety.org

For ages 6 weeks through 5 years.

**Children's Aid Society, Inc.:
The Frederick Douglass Center**

Upper West Side; Community Board 7
885 Columbus Avenue
New York, NY 10025
917-286-1529

www.childremsaidsociety.org

For ages 6 weeks through 5 years.

**Ecumenical Community Development
Organization: Child Start Center**

Harlem; Community Board 10
249 West 144th Street
New York, NY 10030
212-234-8135 x16

www.ecdo.org

For ages 3 through 5.

Educational Alliance: Lillian Wald Center

East Village; Community Board 3
34 Avenue D
New York, NY 10009
212-780-2300 x4215

www.edalliance.org

For ages 3 through 5.

Sheltering Arms: Fifth Avenue

Harlem; Community Board 11
2289 Fifth Avenue
New York, NY 10039
212-675-1000

www.shelteringarmsny.org

For ages newborn to 4 years.

Sheltering Arms: Graham Windham

East Harlem; Community Board 10
669 Lenox Avenue
New York, NY 10037
212-675-1000

www.shelteringarmsny.org

For ages newborn to 4 years.

Sheltering Arms: Morningside

Harlem; Community Board 10
2967 Frederick Douglas Boulevard
New York, NY 10039
212-675-1000

www.shelteringarmsny.org

For ages newborn to 4 years.

Sheltering Arms: Sheltering Arms Learning Center

Harlem; Community Board 10
2493 Adam Clayton Powell Jr. Boulevard
New York, NY 10030
212-675-1000

www.shelteringarmsny.org

For ages newborn to 4 years.

Sheltering Arms: Virginia Day Nursery

East Village; Community Board 3
464 East 10th Street
New York, NY 10009
212-675-1000

www.shelteringarmsny.org

For ages newborn to 4 years.

Escuela Hispana Montessori: Site #1

East Village; Community Board 3
185 Avenue D
New York, NY 10009
212-982-6650

For ages 2 through 5.

Escuela Hispana Montessori: Site #2

Lower East Side; Community Board 3
180 Suffolk Street
New York, NY 10002
212-982-6650

For ages 2 through 5.

Friends of Crown Heights Educational Center: 28

Washington Heights; Community Board 12
3732 10th Avenue
New York, NY 10034
718-467-4270

www.fochdaycare.org

For ages 2 months through 4 years.

Fort George Community Enrichment Center 1

Fort George; Community Board 12
601 West 186 Street
New York, NY 10033
212-927-2210

www.fortgeorgecenter.org

Goddard Riverside Community Center: 1

Upper West Side; Community Board 7
114 West 91st Street
New York, NY 10025
212-749-2133

www.goddard.org

For ages 2 through 5.

Goddard Riverside Community Center: 2

Upper West Side; Community Board 7
128 West 83rd Street
New York, NY 10024
212-749-2133

www.goddard.org

For ages 2 through 5.

Goddard Riverside Community Center: 3

Upper West Side; Community Board 7
26 West 84th Street
New York, NY 10024
212-749-2133

www.goddard.org

For ages 2 through 5.

Goddard Riverside Community Center: 4

Upper West Side; Community Board 7
70 West 95th Street
New York, NY 10025
212-749-2133

www.goddard.org

For ages 2 through 5.

Grand Street Settlement: Dual Center #1

Lower East Side; Community Board 3
60 Essex Street
New York, NY 10009
212-777-0656

www.grandsettlement.org

For ages newborn through 5 years.

Hamilton-Madison House

Two Bridges; Community Board 3
50 Madison Street
New York, NY 10038
212-349-3724

www.hmhonline.org

For ages 2 months through 6 years.

Hamilton-Madison House: Center 2

Two Bridges; Community Board 3
60 Catherine Street
New York, NY 10038
212-962-3408

www.hamiltonmadisonhouse.org

For ages 2 months through 6 years.

Hamilton-Madison House: Center 4

Two Bridges; Community Board 3
77 Market Street
New York, NY 10002
212-962-3408

www.hamiltonmadisonhouse.org

For ages 2 months through 6 years.

Hamilton-Madison House: Center 5

Lower East Side; Community Board 3
253 South Street
New York, NY 10002
212-962-3408

www.hamiltonmadisonhouse.org

For ages 2 months through 6 years.

Hamilton-Madison House: Center 6

Financial District; Community Board 1
129 Fulton Street
New York, NY 10038
212-962-3408

www.hamiltonmadisonhouse.org

For ages 2 months through 6 years.

Henry Street Settlement: Family School

Lower East Side; Community Board 3
110-120 Baruch Drive
New York, NY 10002
212-254-3100 x235

www.henrystreet.org

For ages 18 months through 5 years.

Hudson Guild Children's Center

Chelsea; Community Board 4
459 West 26th Street
New York, NY 10001
212-760-9830

hudsonguild.org

For ages 3 through 4.

Lexington Children Center, Inc.

East Harlem; Community Board 11
115 East 98th Street
New York, NY 10029
212-410-1060

For ages 2 through 5.

**Little Star of Broome Street
Early Childhood Center**

Lower East Side; Community Board 3
131-151 Broome Street
New York, NY 10002
212-673-2680

www.cpc-nyc.org

*Chinese and Spanish spoken; for ages
2 through 5.*

**Lutheran Social Services of New York:
Site #1**

Harlem; Community Board 10
110 West 146th Street
New York, NY 10039
212-870-1100

www.lssny.org

**Lutheran Social Services of New York:
Site #2**

East Harlem; Community Board 11
1951 Park Avenue
New York, NY 10037
212-870-1100

www.lssny.org

**Lutheran Social Services of New York:
Site #3**

Harlem; Community Board 10
218 West 147th Street
New York, NY 10039
212-870-1100

www.lssny.org

**Lutheran Social Services of New York:
Site #4**

Harlem; Community Board 9
510 West 145th Street
New York, NY 10031
212-870-1100

www.lssny.org

Northern Manhattan Perinatal Partnership

Washington Heights; Community Board 12
529-531 West 155th Street
New York, NY 10032
212-926-8265
www.sisterlink.com

Open Door Associates

Upper West Side; Community Board 7
820 Columbus Avenue
New York, NY 10025
212-749-5572

Seventh Avenue Center for Family Services

Harlem; Community Board 10
711 Lenox Avenue
New York, NY 10039
718-901-0140
www.7thavenuecenter.org

For ages 3 through 4.

The Child Center of New York Inc.

Upper West Side; Community Board 7
169 West 87th Street
New York, NY 10024
212-799-2440
www.childcenterny.org

For ages 3 through 5.

Tribeca Early Learning Center

Tribeca; Community Board 1
1 York Street, 2nd Floor
New York, NY 10013
212-925-5641
www.cpc-nyc.org

For ages 3 through 5.

Union Settlement Association: Franklin Plaza

East Harlem; Community Board 11
2081 2nd Avenue
New York, NY 10029
212-828-6056
www.unionsettlement.org

For ages 8 weeks through 5 years.

Union Settlement Association: Leggett Memorial

East Harlem; Community Board 11
237 East 104th Street
New York, NY 10029
212-828-6057
www.unionsettlement.org

For ages 8 weeks through 5 years.

Union Settlement Association: Metro North Childcare Center

East Harlem; Community Board 11
304 East 102nd Street
New York, NY 10029
212-828-6058
www.unionsettlement.org

For ages 8 weeks through 5 years.

Union Settlement Association: Union Carver Childcare Center

East Harlem; Community Board 11
1565 Madison Avenue
New York, NY 10029
212-828-6053
www.unionsettlement.org

For ages 8 weeks through 5 years.

Union Settlement Association: Union Johnson Early Learning Center

East Harlem; Community Board 11
1829 Lexington Avenue
New York, NY 10029
212-828-6054
www.unionsettlement.org

For ages 8 weeks through 5 years.

Union Settlement Association: Union Washington CCC

East Harlem; Community Board 11
1893 2nd Avenue
New York, NY 10029
212-828-6055
www.unionsettlement.org

For ages 8 weeks through 5 years.

United Federation of Black Community Organizations, Inc.

Washington Heights; Community Board 12
474 West 159th Street
New York, NY 10032
212-281-1950

University Settlement Neighborhood Center

Lower East Side; Community Board 3
189 Allen Street
New York, NY 10002
212-473-8217
www.universitysettlement.org

Utopia Children's Center, Inc.

Harlem; Community Board 10
236 West 129th Street
New York, NY 10027
212-663-7375

West Harlem Community Organization, Inc.

Harlem; Community Board 10
121 West 128th Street
New York, NY 10027
212-665-7586 ext. 12

For ages 2 through 5.

YWCA-NYC Polly Dodge Early Learning Center

Clinton; Community Board 4
538 West 55th Street
New York, NY 10019
212-735-9749

www.ywcanyc.org

For ages 2 through 5.

XV. PREVENTIVE CARE & SCREENING SERVICES

Preventive Care and Screening Services strengthen families. Programs mobilize outside assistance to support parents and children in their efforts to remain united. Resources listed in this category offer assessment, counseling services, and intervention.

SERVICIOS DE PREVENCIÓN Y DIAGNÓSTICO

Los **servicios de prevención y diagnóstico** fortalecen los núcleos familiares. Activan asistencia externa para respaldar a padres e hijos en sus esfuerzos por permanecer unidos. Los recursos incluidos ofrecen servicios de asesoramiento, terapia e intervención.

預防保健護理與篩檢服務

預防保健護理與篩檢服務在強化各家庭單位。其項目在運用外部資源協助家長及孩童以一己之力守護家庭單位。列舉資源在提供評估、介入、及諮商等服務。

SOINS PREVENTIFS & SERVICES DE DEPISTAGE

Les **soins préventifs et les services de dépistage** renforcent les unités familiales. Les programmes mobilisent l'aide extérieure pour soutenir les parents et les enfants qui souhaitent rester unis. Les ressources répertoriées offrent une évaluation, des services de conseils, et une intervention.

ASSESSMENT

Children's Aid Society: Manhattan Preventive Services

Harlem; Community Board 10
219 West 135th Street, Ground Floor
New York, NY 10030
347-708-8478

www.childrensaidsociety.org

Services offered exclusively to residents of Upper Manhattan.

Harlem Dowling-West Side Center for Children and Family Services

Harlem; Community Board 9
2090 Adam Clayton Powell Jr. Boulevard
New York, NY 10027
212-749-3656

www.harlemdowling.org

Harlem Dowling-West Side Center for Children and Family Services: Upper Manhattan

Washington Heights; Community Board 12
336 Fort Washington Avenue
New York, NY 10033
212-927-9200

www.harlemdowling.org

COUNSELING SERVICES

Association to Benefit Children

East Harlem; Community Board 11
1841 Park Avenue
New York, NY 10035
646-459-6099

www.a-b-c.org

INTERVENTION

Catholic Guardian Services

Lenox Hill; Community Board 8
1011 1st Avenue, 10th Floor
New York, NY 10022
212-371-1000

www.catholicguardian.org

Lower East Side Family Union

Lower East Side; Community Board 3
227 East 3rd Street
New York, NY 10009
212-260-0040

www.lesfu.org

New Alternatives for Children

Chelsea; Community Board 4
37 West 26th Street
New York, NY 10010
212-696-1550

www.nackidscan.org

Services to families with children with disabilities and chronic illnesses.

New York City Mission Society

Harlem; Community Board 10
646 Malcolm X Boulevard
New York, NY 10037
212-674-3500

www.nycmissionsociety.org

SCAN-NY

East Harlem; Community Board 11
345 East 102nd Street, 3rd Floor
New York, NY 10029
212-289-8030

www.scanny.org

Sheltering Arms

Chelsea; Community Board 5
305 7th Avenue
New York, NY 10001
212-675-1000

shelteringarmsny.org

The Children's Village

Harlem; Community Board 10
2090 Adam Clayton Powell Boulevard,
1st Floor
New York, NY 10027
212-932-9009
www.childrensvillage.org

The Puerto Rican Family Institute, Inc.

Chelsea; Community Board 4
145 West 15th Street
New York, NY 10011
212-924-6320
www.prfi.org

The New York Foundling Hospital

Chelsea; Community Board 4
590 Avenue of the Americas
New York, NY 10011
212-633-9300
www.nyfoundling.org

XVI. SAFETY & SECURITY

Safety and Security programs strive to provide a safe environment in which city residents can work and live peacefully. Resources in this category are listed under crime victims and mental health crises.

SEGURIDAD Y PROTECCIÓN

Los programas de **seguridad y protección** luchan por garantizar un ambiente seguro en el que todos los habitantes puedan trabajar y vivir de manera pacífica. Estos recursos brindan servicios para víctimas de delitos así como servicios ante las crisis de salud mental.

安全與保安

安全與保安項目戮力提供一個安全的環境，讓市民可以安穩的工作與生活。此項的資源在提供犯罪受害者服務、以及心理健康危機服務。

SURETE & SECURITE

Les programmes de **sureté et de sécurité** s'efforcent de fournir un environnement sûr dans lequel les résidents de la ville peuvent travailler et vivre de manière pacifique. Les ressources offrent des services pour les victimes de crimes ainsi que des services pour les services de crises de santé mentale.

CRIME VICTIMS

Crime Victims Treatment Center of St. Luke's Roosevelt Hospital—Midtown

Clinton; Community Board 4
432 West 58th Street, Ground Floor
New York, NY 10019
212-523-8200
www.cvtcnyc.org

Crime Victims Treatment Center of St. Luke's Roosevelt Hospital—Uptown

Morningside Heights; Community Board 9
411 West 114 Street, Suite 2C
New York, NY 10025
212-523-4728
www.cvtcnyc.org

East Harlem Neighborhood Based Alliance Corporation

East Harlem; Community Board 11
2253 3rd Avenue, 2nd Floor
New York, NY 10035
212-289-1900
www.ehnbac.org

Safe Horizon Crime Victims Hotline

866-689-4357
www.safehorizon.org
*All languages spoken; 24 hours a day/
7 days a week.*

MENTAL HEALTH CRISES

Samaritans of New York

212-673-3000
www.samaritansnyc.org

XVII. SENIORS

The **Seniors** category includes programs that work to meet the health, social, and financial needs of aging members of the New York City population. Resources listed in this category include general assistance, health care, housing, legal services, Medicare, safety/elder abuse, senior centers, and Social Security.

TERCERA EDAD

Los programas para personas de la **tercera edad** buscan cubrir las necesidades sociales, económicas y de salud de los adultos mayores de la Ciudad de Nueva York. Los recursos incluidos ofrecen ayuda general, atención médica, vivienda, servicios legales así como información sobre Medicare, la seguridad/el maltrato de mayores, centros para ancianos, y Seguro Social.

年長者

年長者項目在滿足紐約市年邁人口的健康、社會、及財務等需要。此項的資源提供一般性協助、醫療保健、住房、法律服務、聯邦醫療保險資訊、安全/年長者受虐、年長者中心、及社會保障等。

PERSONNES AGEES

Les programmes pour **personnes âgées** s'efforcent de satisfaire les besoins médicaux, sociaux et financiers de la population âgée de New York. Les ressources énumérées offrent une assistance générale, des soins médicaux, des logements, des services juridiques, des informations au sujet de Medicare, une protection contre l'abus des personnes âgées, des adresses de maisons de retraite, et la Sécurité Sociale (« Social Security »).

GENERAL ASSISTANCE

American Association of Retired Persons (AARP) New York

Turtle Bay, Community Board 6
780 3rd Avenue, 33rd Floor
New York, NY 10017
866-227-7442
www.states.aarp.org

Institute for the Puerto Rican/Hispanic Elderly

Gramercy Park; Community Board 6
105 East 22nd Street, Suite 615
New York, NY 10010
212-677-4181
www.iprhe.org

Spanish spoken.

JASA

Garment District; Community Board 5
247 West 37th Street
New York, NY 10018
212-273-5200
www.jasa.org

New York Foundation for Senior Citizens

Tribeca; Community Board 1
11 Park Place, 14th Floor
New York, NY 10007
212-962-7559
www.nyfsc.org

NYC Department for the Aging

Civic Center; Community Board 1
2 Lafayette Street
New York, NY 10007
Call 311
www.nyc.gov

Search and Care

Yorkville; Community Board 8
1844 2nd Avenue
New York, NY 10128
212-289-5300
www.searchandcare.org

HEALTH CARE

Geriatric Mental Health Alliance

Financial District; Community Board 1
50 Broadway, 19th Floor
New York, NY 10004
212-614-5753
www.mhaofnyc.org

Health Advocates for Older People

Turtle Bay; Community Board 6
708 3rd Avenue
New York, NY 10017
212-980-1700
www.hafop.org

New York Prescription Saver

800-788-6917
www.nyprescriptionsaver.fhsc.com

Discounts for prescriptions offered to individuals ages 50 to 64 who do not receive Medicaid.

New York State Partnership for Long-Term Care

518-474-0662
www.nyspltc.org

Service Program for Older People

Upper West Side; Community Board 7
302 West 91st Street
New York, NY 10024
212-787-7120
www.spop.org

Visiting Nurse Services of New York

800-675-0391
www.vnsny.org

HOUSING

DOROT

Upper West Side; Community Board 7
171 West 85th Street
New York, NY 10024
212-769-2850
www.dorotusa.org

Encore 49 Residence

Theater District; Community Board 5
220 West 49th Street
New York, NY 10019
212-246-0880
www.encorecommunityservices.org

Housing units available for older adults who are homeless.

NYC Rent Freeze Program for Seniors

Call 311
www.nyc.gov

New York State Homes and Community Renewal www.nyshcr.org

Search State databases for affordable housing options in New York county, including Mitchell-Lama housing and Section 8 housing.

Senior Citizen Homeowners Exemption (SCHE)

Call 311
www.nyc.gov

The Parodnick Foundation

SoHo; Community Board 2
121 Avenue of the Americas, Suite 501
New York, NY 10013
212-431-9700 x300
www.catchnyc.org

Spanish spoken.

MEDICARE

Medicare Rights Center

Garment District; Community Board 5
520 8th Avenue, 3rd Floor
New York, NY 10018
212-869-3850
www.medicarerights.org

New York State Department of Health Elderly Pharmaceutical Insurance Coverage (EPIC)

800-332-3742
www.health.ny.gov

Access to discounts for prescription medicines.

New York State Medicare Part D Program

800-701-0501
www.health.ny.gov

New York State Office for the Aging

800-342-9871
www.aging.ny.gov

United States Center for Medicare Services

800-633-4227
www.medicare.gov

SAFETY/ELDER ABUSE

NYC Human Resources Association Adult Protective Services

212-971-2727
www.nyc.gov

SENIOR CENTERS

Agudath Moria Senior Center

Washington Heights; Community Board 12
90 Bennett Avenue
New York, NY 10033
212-923-5715
www.moriahseniorcenter.org

ARC Fort Washington Senior Center
Washington Heights; Community Board 12
4111 Broadway
New York, NY 10033
212-781-5700
www.arcseniors.org

**Association of Black Social Workers
Senior Citizens Center**
Upper West Side; Community Board 7
221 West 107th Street
New York, NY 10025
212-749-8400
www.wsiaca.org

Canaan Senior Center
Harlem; Community Board 10
10 Lenox Avenue
New York, NY 10026
212-876-2638
www.canaanseniorcenter.org

Carter Burden Center
Upper East Side; Community Board 8
351 East 74th Street
New York, NY 10021
212-535-5235
www.carterburdencenter.org

**Carter Burden/Leonard Covello
Senior Program**
East Harlem; Community Board 11
312 East 109th Street
New York, NY 10029
212-423-9665
www.carterburdencenter.org

Carver Senior Center
East Harlem; Community Board 11
55 East 102nd Street
New York, NY 10029
212-289-2708

Center on the Square
Greenwich Village; Community Board 2
20 Washington Square North
New York, NY 10011
212-777-3555 ext. 106
www.greenwichhouse.org

Central Harlem Senior Center
Harlem; Community Board 10
34 West 134th Street
New York, NY 10037
212-926-4465
www.chscc.org

Chinatown Senior Citizens Center
Chinatown; Community Board 2
70 Mulberry Street
New York, NY 10013
212-233-8930
www.cpc-nyc.org

Citizens Care Senior Center
Harlem; Community Board 10
1428 5th Avenue
New York, NY 10035
212-410-0333

City Hall Senior Center
Financial District; Community Board 1
100 Gold Street
New York, NY 10038
212-788-5580

Club 76 Senior Center
Upper West Side; Community Board 7
120 West 76th Street
New York, NY 10023
212-712-0170
www.jasa.org

Corsi House Senior Center
East Harlem; Community Board 11
307 East 116th Street
New York, NY 10029
212-828-6756

Cothoa Luncheon Club Senior Center
Washington Heights; Community Board 12
2005 Amsterdam Avenue
New York, NY 10032
212-781-6580

CPC Project Open Door

Little Italy; Community Board 2
168 Grand Street
New York, NY 10013
212-431-9026
www.cpc-nyc.org

Dyckman Senior Center

Washington Heights; Community Board 12
3754 10th Avenue
New York, NY 10034
212-569-7790

East Harlem Nutrition Program

East Harlem; Community Board 11
150 East 121st Street
New York, NY 10035
212-722-2205

East River Senior Center

East Harlem; Community Board 11
402 East 105th Street
New York, NY 10029
212-828-6107

Educational Alliance

Lower East Side; Community Board 3
197 East Broadway
New York, NY 10002
212-780-2300
www.edalliance.org
Kosher food available.

Encore Luncheon Club

Theater District; Community Board 5
239 West 49th Street
New York, NY 10019
212-581-2910

Ft. Washington Senior Center

Washington Heights; Community Board 12
4111 Broadway
New York, NY 10033
212-781-5700
www.arcseniors.org

Gaylord White Senior Center

East Harlem; Community Board 11
237 East 104th Street
New York, NY 10029
212-828-6055

Goddard Riverside Center

Upper West Side; Community Board 7
593 Columbus Avenue
New York, NY 10024
212- 873-6600
www.goddard.org

Good Companions Center

Lower East Side; Community Board 3
334 Madison Street
New York, NY 10002
212-349-2770

Grand Coalition of Seniors Center

Lower East Side; Community Board 3
80 Pitt Street
New York, NY 10002
646-201-4251

Hudson Guild Elliott Center

Chelsea; Community Board 4
441 West 26th Street
New York, NY 10001
212-760-9800
www.hudsonguild.org
Spanish and Chinese spoken.

Hudson Guild Fulton Senior Center

Chelsea; Community Board 4
119 9th Avenue
New York, NY 10011
212-924-6710
www.hudsonguild.org
Spanish and Chinese spoken.

Jackie Robinson Senior Center

Morningside Heights; Community Board 9
1301 Amsterdam Avenue
New York, NY 10027
212-666-4910

John Paul II Friendship Center

East Village; Community Board 3
103 East 7th Street
New York, NY 10009
212-673-7704
www.polishslaviccenter.org

Judith C. White Senior Center

East Village; Community Board 2
27 Barrow Street, 4th Floor
New York, NY 10014
212-242-4140 ext. 260

JWJ Senior Center

East Harlem; Community Board 11
2205 1st Avenue
New York, NY 10029
212-828-6104

Kennedy Senior Center

Harlem; Community Board 10
34 West 134th Street
New York, NY 10037
212-926-4871

LaGuardia Senior Center

Lower East Side; Community Board 3
280 Cherry Street
New York, NY 10037
212-732-3656

Lincoln Senior Center

East Harlem; Community Board 11
60 East 135th Street
New York, NY 10037
212-234-0005

Manhattan Valley Senior Center

Manhattan Valley; Community Board 7
135 West 106th Street
New York, NY 10025
212-749-7015

Manhattanville-Riverside Senior Center

Manhattanville; Community Board 9
530 West 133rd Street
New York, NY 10027
212-368-4973

McLeod Bethune Senior Center

Washington Heights; Community Board 12
1970 Amsterdam Avenue
New York, NY 10032
212-928-6086

Moriah Senior Center

Fort George; Community Board 12
90 Bennett Avenue
New York, NY 10033
212-923-5715
www.moriahseniorcenter.org

Mott Street Senior Center

Little Italy; Community Board 2
180 Mott Street
New York, NY 10012
212-966-5460

New Jewish Home—Manhattan Campus

Manhattan Valley; Community Board 7
120 West 106th Street
New York, NY 10025
212-870-4913
www.jewishhome.org

Open Door Senior Center

Little Italy; Community Board 2
168 Grand Street
New York, NY 10013
212-431-9026
www.cpc-nyc.org

Pelham Fritz Senior Center

Harlem; Community Board 11
18 Mt. Morris Park West
New York, NY 10027
212-860-1380
www.pssusa.org

A. Philip Randolph Senior Center

Harlem; Community Board 8
108 West 146th Street
New York, NY 10039
212-283-7904

Project FIND Clinton Senior Center

Clinton; Community Board 4
530 West 55th Street
New York, NY 10019
212-757-2026

www.projectfind.org

Project FIND Coffeehouse Senior Center

Clinton; Community Board 4
331 West 42nd Street
New York, NY 10036
646-545-4621

www.projectfind.org

Project FIND Hamilton Senior Center

Upper West Side; Community Board 7
141 West 73rd Street
New York, NY 10023
212-787-7710

www.projectfind.org

Project FIND Hargrave House

Lincoln Square; Community Board 7
111 West 71st Street
New York, NY 10023
212-580-0888

www.projectfind.org

Project FIND Woodstock Senior Center

Midtown; Community Board 5
127 West 43rd Street
New York, NY 10036
212-777-8333

www.projectfind.org

Rain Inwood Senior Center

Inwood; Community Board 12
84 Vermilyea Avenue
New York, NY 10034
212-567-3200

www.raininc.org

Riverstone Senior Center

Washington Heights; Community Board 12
99 Fort Washington Avenue
New York, NY 10032
212-927-5600

www.riverstonenyc.org

Roosevelt Island Senior Center

Roosevelt Island; Community Board 8
546 Main Street
New York, NY 10044
212-223-0879

Schomberg Senior Center

East Harlem; Community Board 11
1309 Fifth Avenue, Suite 1
New York, NY 10029
212-369-9390

Senior Center at Independence Plaza

Tribeca; Community Board 1
310 Greenwich Street
New York, NY 10013
212-267-0499

www.greenwichhouse.org

Senior Center at Our Lady of Pompeii Church

Little Italy; Community Board 2
28 Carmine Street
New York, NY 10014
212-989-3620

www.greenwichhouse.org

Senior Center at Saint Peter's Church

Turtle Bay; Community Board 6
619 Lexington Avenue
New York, NY 10022
212-308-1959

www.lenoxhill.org

Sirovich Senior Center

East Village; Community Board 3
331 East 12th Street
New York, NY 10003
212-228-7836

www.edalliance.org

Stanley Isaacs Senior Center

Yorkville; Community Board 8
415 East 93rd Street
New York, NY 10128
212-360-7620

www.isaacscenter.org

Star Senior Citizens Center

Washington Heights; Community Board 12
650 West 187th Street
New York, NY 10033
212-781-8331
www.starseniorcenter.org

Stein Senior Center

Gramercy Park; Community Board 6
204 East 23rd Street
New York, NY 10010
646-395-8083
www.steinseniorcenter.org

**The Center at Lenox Hill
Neighborhood House**

Lenox Hill; Community Board 8
343 East 70th Street
New York, NY 10021
212-744-5905
www.lenoxhill.org

**The Weinberg Center for Balanced
Living**

Lower East Side; Community Board 3
197 East Broadway
New York, NY 10002
646-395-4270
www.mannycantor.org

**The YM & YWHA of Washington
Heights & Inwood**

Fort George; Community Board 12
54 Nagle Avenue
New York, NY 10040
212-569-6200
www.ywashhts.org

UJC Adult Luncheon Club

Lower East Side; Community Board 3
15-17 Bialystoker Place
New York, NY 10002
212-673-9328
Kosher food available.

**United Block Association—
Beatrice Lewis Senior Center**

East Harlem; Community Board 11
2322 3rd Avenue, 2nd Floor
New York, NY 10035
212-289-9155

**University Settlement
Neighborhood Center**

Lower East Side; Community Board 3
189 Allen Street
New York, NY 10002
212-473-8217
www.universitysettlement.org

Washington Heights Senior Center

Washington Heights; Community Board 12
1970 Amsterdam Avenue
New York, NY 10032
212-928-6607

West Side Federation for Seniors

Manhattan Valley; Community Board 7
135 West 106th Street
New York, NY 10025
212-749-7015
www.wsfssh.org

VISIONS at Selis Manor

Chelsea; Community Board 4
135 West 23rd Street
New York, NY 10011
646-486-4444
www.visionsvcb.org

All services are offered to individuals with vision impairment and their families.

SOCIAL SECURITY

ACCESS NYC

www.a858-ihss.nyc.gov

This search engine will tell you if you are eligible for Social Security benefits.

United States Office of Social Security

800-772-1213
www.ssa.gov

XVIII. SMALL BUSINESS & ENTREPRENEURSHIP

Small Business and Entrepreneurship services help individuals who establish micro and small businesses to grow these enterprises and compete in global markets. Resources in this category include financial assistance, legal advice, networking opportunities, office space, and training and development.

PEQUEÑAS EMPRESAS Y EMPRENDIMIENTOS

Los servicios para **pequeñas empresas y emprendimientos** ayudan a las iniciativas recientemente establecidas para que puedan crecer y competir en el mercado internacional. Los recursos ofrecen asistencia financiera, asesoramiento jurídico, oportunidades de contacto, oficinas y formación y desarrollo.

小型企業與創業精神

小型企業與創業精神服務在於協助創辦微型或小型企業之個體在全球市場上的成長及競爭。此項的資源包括財務協助、法律顧問、人際交流機會、辦公空間、及訓練及發展等。

PETITES ENTREPRISES & ENTREPRENARIAT

Les services en matière de **petites entreprises et d'entrepreneuriat** aident les nouvelles entreprises à se développer et à être compétitives sur les marchés mondiaux. Les ressources offrent une assistance financière, des conseils juridiques, l'opportunité de développer un réseau de connaissances, des espaces de bureaux ainsi que des formations et des opportunités de développement.

FINANCIAL ASSISTANCE

Business Center for New Americans

Financial District; Community Board 1
120 Broadway, Suite 230
New York, NY 10271
212-898-4130

www.nybcna.org

Services offered to immigrants, refugees, and women starting their own businesses.

Empire State Development Small Business Division

Murray Hill; Community Board 6
633 3rd Avenue, 33rd Floor
New York, NY 10017
800-782-8369

www.esd.ny.gov

Renaissance Economic Development Corporation

Chinatown; Community Board 3
1 Pike Street
New York, NY 10002
212-964-6022

www.renaissance-ny.org

Services for men/women from low-income neighborhoods starting their own businesses.

Women's Venture Fund

Midtown; Community Board 5
220 5th Avenue, 9th Floor
New York, NY 10001
212-563-0499

www.womensventurefund.org

Services for women starting their own businesses.

LEGAL ADVICE

City Bar Justice Center

Midtown; Community Board 5
42 West 44th Street
New York, NY 10036
212-382-6600

www.nycbar.org

NETWORKING

In Good Company

Chelsea; Community Board 4
16 West 23rd Street, 4th Floor
New York, NY 10010
646-810-9195

www.ingoodcompany.com

Services offered to women starting their own businesses.

OFFICE SPACE

Harlem Business Alliance

Harlem; Community Board 10
275 Lenox Avenue, 2nd Floor
New York, NY 10027
347-851-7746

www.hbany.org

TRAINING & DEVELOPMENT

Baruch College Small Business Development Center

Kips Bay; Community Board 6
55 Lexington Avenue, Room 2-140
New York, NY 10010
646-312-4790
www.nyssbdc.org

New York Women's Chamber of Commerce

Hamilton Heights; Community Board 9
1524 Amsterdam Avenue
New York, NY 10031
212-491-9640
www.nywcc.org

Services offered exclusively to female business owners.

NYC Department of Small Business Services Business Solutions

Manhattanville; Community Board 9
361 West 125th Street, 2nd Floor
New York, NY 10027
212-749-0900 x125
www.nyc.gov

The Thypin Oltchick Institute for Women's Entrepreneurship at FECS

West Village; Community Board 2
80 Van Dam Street, 1st Floor
New York, NY 10013
212-366-0033
www.yourfutureinbusiness.org

Washington Heights and Inwood Development Corporation

Washington Heights; Community Board 12
57 Wadsworth Avenue
New York, NY 10033
212-795-1600
www.whidc.org

Serving men and women starting their own businesses in Inwood and Washington Heights.

Workshop in Business Opportunities

Financial District; Community Board 1
22 Cortlandt Street, 16th Floor
New York, NY 10007
212-684-0854
www.wibo.org

Services offered primarily to African Americans and minorities.

XIX. TRANSPORTATION

Services in the **Transportation** category offer help to ensure that safe, affordable transportation is available for diverse groups of people in New York City. Resources listed in this category are Department of Motor Vehicles services, disability and access, general and schedule information, reduced fare programs, and school buses.

TRANSPORTE

Los servicios de la categoría de **transporte** garantizan la disponibilidad de transporte seguro y asequible para los distintos sectores de la Ciudad de Nueva York. Brindan información sobre los servicios del Departamento de Vehículos Motorizados, acceso para los discapacitados, horarios e información general, programas de tarifas reducidas, y autobuses escolares.

交通

交通項目下所提供的服務在於協助確保紐約市各族群皆能享有安全、可負擔的交通設施。此項目下的資源包含機動車輛管理局服務、殘障人士設施、一般性及時刻表訊息、減免車資計畫、及校車等訊息。

TRANSPORTS

Les services inclus dans la catégorie **transports** offrent une assistance visant à assurer que des transports sûrs et abordables sont disponibles pour les divers groupes d'individus à New York. Ils donnent des informations sur les services du Department of Motor Vehicles (département chargé de la délivrance de permis de conduire), sur l'accès pour les personnes souffrant d'un handicap, des renseignements d'ordre général et sur les horaires, sur les programmes de prix de transport réduits, ainsi que les bus scolaires.

DEPARTMENT OF MOTOR VEHICLES

New York State Department of Motor Vehicles - Harlem

East Harlem; Community Board 11
159 East 125th Street, 3rd Floor
New York, NY 10035
718-488-5710
www.dmv.ny.gov

New York State Department of Motor Vehicles - License Express

Chelsea; Community Board 5
145 West 30th Street
New York, NY 10001
718-966-6155
www.dmv.ny.gov

New York State Department of Motor Vehicles - Lower Manhattan

Financial District; Community Board 1
11 Greenwich Street
New York, NY 10004
212-645-5550
www.dmv.ny.gov

New York State Department of Motor Vehicles - Midtown Manhattan

Chelsea; Community Board 5
366 West 31st Street
New York, NY 10001
212-645-5550
www.dmv.ny.gov

DISABILITY & ACCESS

MTA Access-A-Ride Service

877-337-2017
www.mta.info

Check website for list of eligibility requirements.

MTA Station Accessibility

Financial District; Community Board 1
2 Broadway
New York, NY 10004
Call 511
www.mta.info

NYC Mayor's Office for People with Disabilities - Transportation Services

Call 311
www.nyc.gov

GENERAL & SCHEDULE INFORMATION

MTA Bus Information

Financial District; Community Board 1
2 Broadway
New York, NY 10004
Call 511
www.mta.info

MTA Long Island Rail Road

Call 511
www.mta.info

MTA Metro North Rail Road

Call 511
www.mta.info

MTA Police (Non-Emergencies)

Chelsea; Community Board 5
1 Penn Plaza
New York, NY 10001
212-643-5075
www.mta.info

MTA Subway Information

Financial District; Community Board 1
2 Broadway
New York, NY 10004
Call 511
www.mta.info

NYC Department of Transportation

Financial District; Community Board 1
55 Water Street, 9th Floor
New York, NY 10041
Call 311
www.nyc.gov

NYC Taxi & Limousine Commission Passenger Information

Financial District; Community Board 1
33 Beaver Street
New York, NY 10004
Call 311
www.nyc.gov

PATH Rail

800 234-7284
www.panynj.gov

Call Staten Island Ferry

Call 311
www.siferry.com

REDUCED FARE

MTA Reduced Fare Program

Financial District; Community Board 1
2 Broadway
New York, NY 10004
Call 511
www.mta.info

Eligible customers include individuals who are 65 years of age or older or have a qualifying disability; reduced fares available on MTA subways, local buses, express buses during non-rush hours only and on MTA Long Island Buses, MTA Long Island Railroad, and MTA Metro-North Railroad.

MTA Reduced Fare Walk-In Center

Financial District; Community Board 1
3 Stone Street
New York, NY 10004
Call 311
www.mta.info

Eligible customers include individuals who are 65 years of age or older or have a qualifying disability; reduced fares available on MTA subways, local buses, express buses during non-rush hours only, and on MTA Long Island Buses, MTA Long Island Railroad and the MTA Metro-North Railroad.

SCHOOL BUSES

NYC DOE Office of Pupil Transportation

718-392-8855
schools.nyc.gov

Call customer service for all student transportation questions including student MetroCards, Yellow Bus eligibility and Special Education eligibility.

XX. VETERANS & MILITARY SERVICES

The **Veterans and Military Services** category lists programs and services offered to men and women who have served in the United States armed forces and their families. Resources listed in this category include disability and healthcare, education, employment, family support, general assistance, housing, legal assistance, and services for women.

VETERANOS Y SERVICIOS MILITARES

La categoría de **veteranos y servicios militares** enumera programas y servicios para las personas que han prestado sus servicios a las fuerzas armadas de los Estados Unidos así como para sus familias. Estos recursos se registran como: la discapacidad y la atención médica, la educación, el empleo, la ayuda familiar, asistencia general, la vivienda, la asistencia jurídica, y servicios para mujeres.

退伍軍人與服役

退伍軍人與服役項目列舉提供給曾服役於美國軍事單位之男女及其家屬之計畫及服務。此項目下的資源包括身心殘障及醫療保健、教育、就業、家庭援助、一般性協助、住房、法律協助、及婦女服務。

VETERANS & SERVICES MILITAIRES

Les **programmes et les services** sont offerts aux hommes et femmes ayant servi dans les forces armées des Etats-Unis ainsi qu'à leurs familles. Les ressources sont listées sous : les problématiques liées au handicap et aux soins de santé, à l'éducation, à l'emploi, et au soutien familial, une assistance générale, le logement, les services juridiques ainsi que les services pour les femmes.

DISABILITY & HEALTHCARE

Disabled American Veterans (DAV)

Gramercy Park; Community Board 6
220 East 23rd Street, Suite 707
New York, NY 10010
212-608-7136
www.dav.org

Harlem Community Clinic

Harlem; Community Board 10
55 West 125th Street
New York, NY 10027
646-273-8125
www.va.gov

Specializes in PTSD services.

Paralyzed Veterans of America

West Village; Community Board 2
245 West Houston Street, Room 212A
New York, NY 10014
212-807-3114
www.pva.org

The Soldiers Project

877-769-7438
www.thesoldiersproject.org

All services are confidential and offered exclusively to veterans who served after September 11, 2001. Call for more information.

Veterans Administration (VA)

Medical Center New York
Kips Bay; Community Board 6
423 East 23rd Street
New York, NY 10010
212-686-7500
www.nyharbor.va.gov

Yoga for Vets NYC

West Village; Community Board 2
227 West 13th Street
New York, NY 10011
www.yogaforvetsnyc.org

EDUCATION

New York State Veterans Tuition Awards

888-697-4372
www.hesc.ny.gov

Student Veterans of America

202-223-4710
www.studentveterans.org

*Chapter locations across Manhattan.
Call for assistance.*

United States Department of Veteran Affairs—VetSuccess on Campus

www.ebenefits.va.gov

VetSuccess counselors are located on college campuses across the country. Visit website for direct contact information. Dependents of certain veterans may be eligible for services; visit website for specific eligibility requirements.

EMPLOYMENT & CAREER DEVELOPMENT

America Works New York—East Side

Turtle Bay; Community Board 6
228 East 45th Street, 16th Floor
New York, NY 10017
855-840-5627
212-599-5627
www.americaworks.com

America Works New York—West Side

Chelsea; Community Board 5
350 West 31st Street, 2nd Floor
New York, NY 10001
212-564-9675
www.americaworks.com

American Corporate Partners (ACP)

Midtown; Community Board 5
400 Madison Avenue, Suite 7A
New York, NY 10017
212-752-0700
www.acp-usa.org

**Career One Stop Veterans
ReEmployment**

Harlem; Community Board 10
215 West 125th Street, 6th Floor
New York, NY 10027
917-493-7054
www.careeronestop.org

**New York State Department of Labor—
Veterans' Services**

Financial District; Community Board 1
75 Varick Street
New York, NY 10013
212-775-3302
www.labor.ny.gov

**United States Department of Veteran
Affairs —Compensated Work Therapy**

Kips Bay; Community Board 6
423 East 23rd Street
New York, NY 10010
212-686-7500 x7247
www.va.gov

FAMILY SUPPORT**American Red Cross Greater New York**

Clinton; Community Board 4
520 West 49th Street
New York, NY 10019
877-733-2767
www.redcross.org

**New York National Guard Military Family
Assistance Centers (MFAC)**

Kips Bay; Community Board 6
68 Lexington Avenue
New York, NY 10010
646-424-5555
www.dmna.ny.gov

**Veterans of Foreign Wars (VFW)
Family Assistance**

www.vfw.org

GENERAL ASSISTANCE**Iraq and Afghanistan Veterans of America
(IAVA)**

Midtown; Community Board 5
292 Madison Avenue
New York, NY 10017
212-982-9699
www.iava.org

NYC Mayor's Office of Veteran Affairs

212-442-4171
www.nyc.gov

**New York State Division of Veteran's
Affairs**

888-838-7697
www.veterans.ny.gov

**United States Department of Veteran
Affairs - Harlem Vet Center**

East Harlem; Community Board 11
2279 3rd Avenue, 2nd Floor
New York, NY 10035
646-273-8139
www.va.gov

**United States Department of Veteran
Affairs—Manhattan Vet Center**

Financial District; Community Board 1
32 Broadway, Suite 200
New York, NY 10004
212-951-6866
www.va.gov

USO Douglas MacArthur Center

Garment District; Community Board 4
625 8th Avenue
New York, NY 10018
212-695-6160
www.usonyc.org

Wounded Warrior Project

Chelsea; Community Board 5

370 7th Avenue, Suite 1802

New York, NY 10001

212-629-8881

www.woundedwarriorproject.org

HOUSING

Jericho Project

Chelsea; Community Board 4

245 West 29th Street, Suite 902

New York, NY 10001

646-624-2341

www.jerichoproject.org

LEGAL ASSISTANCE

City Bar Justice Center

Midtown; Community Board 5

42 West 44th Street

New York, NY 10036

212-382-6600

www.nycbar.org

Incarcerated Veterans Consortium

Harlem; Community Board 10

55 West 125th Street, 11th Floor

New York, NY 10027

212-426-2200

www.incarceratedveteransconsortium.org

SERVICES FOR WOMEN

Service Women's Action Network (SWAN)

SoHo; Community Board 2

121 Avenue of the Americas, 6th Floor

New York, NY 10013

646-569-5200

www.servicewomen.org

United States Department of Veterans Affairs—Center for Women Veterans

West Village; Community Board 2

245 West Houston Street, Room 212A

New York, NY 10014

212-807-3114

www.va.gov

XXI. YOUTH

The **Youth** category lists programs and services that prepare young men and women for the challenges of adolescence and adulthood, and help youth develop social, ethical, emotional, physical, and cognitive competencies. Resources listed in this category include general assistance, health, job preparation and internships, recreation and day camps, and youth development and mentoring.

JUVENTUD

La categoría de **juventud** enumera programas y servicios que preparan a los jóvenes para los desafíos de la adolescencia y la edad adulta. Los ayudan a desarrollar sus competencias sociales, éticas, emocionales, físicas y cognitivas. Los recursos en esta categoría brindan asistencia general, información sobre la salud, la preparación laboral y pasantías, la recreación y los campamentos de día, y el desarrollo.

青少年

青少年項目下列舉協助青少年少女面對青春期的各種計畫及服務，並且幫助青少年發展社會、道德、情緒、生理、及認知上的能力。此項的資源包括一般性協助、健康、就業準備及實習、休閒娛樂及日間營隊、及青少年發展及諮詢等。

JEUNESSE

La section **jeunesse** répertorie les programmes et services qui préparent les jeunes hommes et jeunes femmes aux défis de l'adolescence et de l'âge adulte, et aident les jeunes à développer des compétences sociales, éthiques, émotionnelles, physiques et cognitives. Les ressources dans cette catégorie offrent une assistance générale, des informations sur la santé ; sur la préparation à l'emploi et sur les stages ; sur les récréations et les centres aérés ; et sur le développement et sur le tutorat.

GENERAL ASSISTANCE

Good Shepherd Services

Chelsea; Community Board 5
305 7th Avenue, 9th Floor
New York, NY 10001
212-243-7070

www.goodshepherds.org

Housing services offered exclusively to young people.

Graham Windham

Union Square; Community Board 6
33 Irving Place
New York, NY 10003
212-368-1622

www.graham-windham.org

Hetrick-Martin Institute

NoHo; Community Board 2
2 Astor Place
New York, NY 10003
212-674-2400

www.hmi.org

NYC Department of Youth & Community Development (DYCD)

Civic Center; Community Board 1
2 Lafayette Street, 19th Floor
New York, NY 10007
800-246-4646

www.nyc.gov

The DOME Project

Upper West Side; Community Board 7
486 Amsterdam Avenue
New York, NY 10024
212-724-1780

www.domeproject.org

The Door

SoHo; Community Board 2
555 Broome Street
New York, NY 10013
212-941-9090

www.door.org

Housing and food services offered exclusively to young people between the ages of 12 and 21; English, Spanish and Mandarin spoken, and translators may be accessible for other languages.

HEALTH

Love Heals

Chelsea; Community Board 4
446 West 33rd Street
New York, NY 10001
212-367-1363

www.loveheals.org

Programs offered exclusively to young women.

Mount Sinai Adolescent Health Center

Yorkville; Community Board 8
312 East 94th Street, 2nd Floor
New York, NY 10128
212-423-2900

www.mountsinai.org

All health services offered exclusively to young people.

New York State Department of Health: Child Health Plus

800-698-4543
www.health.ny.gov

Health insurance for children and teens.

JOB PREPARATION & INTERNSHIPS

America Needs You

Garment District; Community Board 5
589 8th Avenue, 5th Floor
New York, NY 10018
212-571-0202
www.americanneedsyou.org

Ecumenical Community Development Organization

Manhattanville; Community Board 9
413 West 125th Street
New York, NY 10027
212-531-3211
www.ecdo.org

Futures and Options

Financial District; Community Board 1
120 Broadway, Suite 1019
New York, NY 10271
212-601-0002
www.futuresandoptions.org

Manhattan Neighborhood Network

East Harlem; Community Board 11
175 East 104th Street
New York, NY 10029
212-757-2670
www.mnn.org

Job training and internship program for youth interested in working in media.

Manhattan-Staten Island Area Health Education Center (MSI AHEC)

Harlem; Community Board 10
127 West 127th Street, Suite 221
New York, NY 10027
212-534-2432
www.msiahec.org

Job training and internship program for youth interested in working in healthcare.

Network for Teaching Entrepreneurship

Financial District; Community Board 1
120 Wall Street, 18th Floor
New York, NY 10005
www.nfte.com

Services offered exclusively to men and women who are homeless.

New Heights Neighborhood Center

Upper West Side; Community Board 7
26 West 84th Street
New York, NY 10024
212-362-8230
www.newheightsneighborhoodcenter.org

Services offered exclusively to out-of-school youth ages 17-24.

PENCIL

Chelsea; Community Board 4
30 West 26th Street, 5th Floor
New York, NY 10010
646-638-0565
www.pencil.org

The Town Hall

Theater District; Community Board 5
123 West 43rd Street
New York, NY 10036
212-997-1003
www.thetownhall.org

Summer Internship Program provides experience in all aspects of the performing arts to high school students.

Working Harbor Committee

Clinton; Community Board 4
455 West 43rd Street
New York, NY 10036
212-757-1600
www.workingharbor.com

RECREATION & DAY CAMPS

Bike New York

Morningside Heights; Community Board 9
475 Riverside Drive, Suite 1300
New York, NY 10115
212-870-2080
www.bike.nyc

Children's Museum of the Arts

SoHo; Community Board 2
103 Charlton Street
New York, NY 10014
212-274-0986
www.cmany.org

Concrete Safaris

East Harlem; Community Board 11
1775 3rd Avenue
New York, NY 10029
347-267-2903
www.concretesafaris.org

Fresh Air Fund

Murray Hill; Community Board 6
633 3rd Avenue, 14th Floor
New York, NY 10017
800-367-0003
www.freshair.org

Play Rugby

Clinton; Community Board 4
630 9th Avenue, Suite 809
New York, NY 10036
212-757-3421
www.playrugbyusa.com

Randall's Island Park Alliance

Randall's Island; Community Board 11
20 Randall's Island Park
New York, NY 10023
212-860-1899
www.randallsisland.org

The Wooster Group

SoHo; Community Board 2
33 Wooster Street
New York, NY 10013
212-966-9796
www.thewoostergroup.org

YOUTH DEVELOPMENT & MENTORING

Apex for Youth

Financial District; Community Board 1
80 Maiden Lane, Suite 1102
New York, NY 10038
212-748-1225
www.apexforyouth.org

Programs and services offered exclusively to underserved Asian and immigrant youth.

ASPIRA of New York

Clinton; Community Board 4
630 9th Avenue, Suite 302
New York, NY 10036
212-564-6880
www.aspirany.org

Programs and services offered exclusively to youth from the Puerto Rican and Latino communities.

Big Brothers Big Sisters of New York City (BBBSNYC)

Financial District; Community Board 1
40 Rector Street
New York, NY 10006
212-686-2042
www.bigsny.org

Brotherhood/Sister Sol

Hamilton Heights; Community Board 9
512 West 143rd Street
New York, NY 10031
212-283-7044
www.brotherhood-sistersol.org

CASES Choices ATD Program

Tribeca; Community Board 1
22 Park Place, 4th Floor
New York, NY 10007
888-571-2850

www.cases.org

All services offered exclusively to young people facing juvenile detention in New York County Family Court, including probation violators or youth at risk of violating probation.

Catholic Big Sisters and Big Brothers

East Village; Community Board 3
137 East 2nd Street
New York, NY 10009
212-475-3291

www.cbsbb.org

Coalition for Asian American Children and Families

Financial District; Community Board 1
50 Broad Street, 18th Floor
New York, NY 10004
212-809-4675

www.cacf.org

Coro New York Leadership Center

Financial District; Community Board 1
42 Broadway, Suite 1827
New York, NY 10004
212-248-2935

www.coronewyork.org

Correctional Association of New York

Harlem; Community Board 10
2090 Adam Clayton Powell Boulevard, Suite 200
New York, NY 10027
212-254-5700

www.correctionalassociation.org

Safe Passages' 24-week training cycle is open to young people from New York City, ages 15 to 21, who have been directly affected by the youth justice system or want to make changes to it.

Fresh Youth Initiatives

Washington Heights; Community Board 12
505 West 171st Street
New York, NY 10032
212-781-1113

www.freshyouth.org

Girl Scouts of Greater New York

Financial District; Community Board 1
40 Wall Street, Suite 708
New York, NY 10005
212-645-4000

www.girlscoutsnyc.org

All programs offered exclusively to young women.

Girls Write Now

Garment District; Community Board 5
247 West 37 Street, Suite 1800
New York, NY 10018
212-336-9330

www.girlswritenow.org

All programs offered exclusively to young women.

Global Action Project

Chelsea; Community Board 4
130 West 25th Street, Suite 2C
New York, NY 10001
212-594-9577

www.global-action.org

Harlem Seeds

Harlem; Community Board 10
118 West 139th Street, Suite 3W
New York, NY 10030
212-862-0066

www.harlemseeds.org

Lower Eastside Girls' Club

Lower East Side; Community Board 3
101 Avenue D
New York, NY 10009
212-982-1633

www.girlsclub.org

Programs offered exclusively to young women.

MOUSE

Financial District; Community Board 1
55 Broad Street, 16th Floor
New York, NY 10004
646-574-6446
www.mouse.org

PSS

Financial District; Community Board 1
2095 Broadway, Suite 409
New York, NY 10023
212-874-6633
www.pssusa.org

*Programs offered exclusively to young people
who are raised primarily by grandparents.*

The LAMP

Chelsea; Community Board 4
110 West 34th Street, Suite 807
New York, NY 10001
www.thelamp.org

The Police Athletic League

Greenwich Village; Community Board 2
34 1/2 East 12th Street
New York, NY 10002
800-725-4543
www.palnyc.org

Youth Action Programs & Homes

East Harlem; Community Board 11
206 East 118th Street
New York, NY 10035
212-860-8170
www.youthaction-nyc.org
*Services offered exclusively to residents
of East Harlem.*

Unlocking Futures

Clinton; Community Board 4
25 West 36th Street, 8th Floor
New York, NY 10018
212-791-4927
www.nyunlockingfutures.org

Youth Service Opportunities Project

Gramercy Park; Community Board 6
15 Rutherford Place
New York, NY 10003
212-598-0973
www.ysop.org

NOTES

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MANHATTAN

2016 Citywide Guide to Services and Resources in Manhattan

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Gender-Based Violence
EDUCATION
Financial Assistance
Housing &
Mental Health
Homelessness
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Pre-School & Childcare
Safety &
Veterans & Military Services
Senior Services
Security
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Multi-Service Centers
FOOD & HUNGER
Legal Services
Preventive Care
& Screening Services
Transportation
Small Business
& Entrepreneurship
EMPLOYMENT

ABOUT THIS GUIDE

Women's City Club of New York (WCC) is proud to provide the new 2016 Citywide Guide to Services and Resources in Manhattan. This Guide, the second of five, is designed to help individuals and organizations gain access to low- and no-cost social services, programs, and resources available in Manhattan. We encourage you to share this information and help others in need.

WCC is also pleased to announce that an online version of this Guide is available at wccny.org—enabling users to initiate custom searches by category, key words and borough. Additionally, later this year we will release new Citywide Guides to Services and Resources for each of the remaining three boroughs.

ABOUT WCC

Women's City Club of New York (WCC) is a nonprofit, non-partisan, multi-issue activist organization that is dedicated to improving the quality of life for all New Yorkers. WCC works to shape public policy to promote responsive government through education, issue analysis, advocacy and civic participation.

Special thanks to an Anonymous Foundation, The New York Women's Foundation, and the Sy Syms Foundation for their support of the Citywide Guide to Services and Resources.

To access the online version of the Citywide Resource Guide please visit:

wccny.org

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EMPLOYMENT